

Strengthening Resilience in Times of Adversity A Tool for Clinical Practice (Testing a Working Model)

Featuring Nancy Mannix



Join us!

Jan 28th, 2022 12:00 - 1:30 PM MST

About the Webinar:

A growing body of science suggests that resilience is critical for leading a healthy, thriving life. Nancy Mannix and the Alberta Family Wellness Initiative have recently published a research study on "Early Learnings About Uses for the Resilience Scale Metaphor in Practice." The Resilience Scale metaphor is a powerful tool to demonstrate how negative experiences and diversity can be counterbalanced by positive experiences and improving skills and abilities. Join Nancy as she shares the resilience scale framework - how it has been designed and can be applied to make a quantifiable difference in peoples' lives.

About the Speaker:

Nancy Mannix is the Chair and Patron of the Palix Foundation, a private foundation whose philanthropy aims to ultimately support improved health and wellness outcomes for all children and families.



Free registration here:

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