



## Development and health: Toxic stress, parent-child relationships and attachment



Date: Friday, March 26th, 2021

**Time:** 12 – 1 PM MST

Registration Link: https://bit.ly/3ibXd4G

Cost: FREE!

**Dr. Nicole Letourneau** PhD RN FCAHS FAAN, Co-creator of the ATTACH™ Program, ACHF Chair in Parent-Infant Mental Health, RESOLVE Alberta Director, Principal Investigator of APrON and CHILD

## **About:**

Dr. Letourneau's Child Health Intervention and Longitudinal Development (CHILD) Studies Program develops and tests interventions to promote health of infants and children growing up in families affected by toxic stressors including parental depression, addictions, intimate partner violence and low-income. Interventions are based on her research on the impact of parental distress, parent-child relationship quality, attachment, and supportive relationships on children's health and development. She also studies the relationship among social (caregiving) experiences, genetics, stress physiology and immune function, and children's cognitive, behavioural and social-emotional development. She has published 190+ peer-reviewed papers, 150+ opinion editorials appearing in major print and on-line news outlets and three books including Scientific Parenting: What Science Reveals About Parental Influence (2013), What Kind of Parent Am I? Self-Surveys that Reveal the Impact of of Toxic Stress and More (2018), and Parenting and Child Development: Issues and Answers (2020).

Thank you to our funders and supporters who made this possible!















