

# PAEDIATRIC GRAND ROUNDS

Alberta Children's Hospital

January 17, 2024

8:30 - 9:30 AM

**\*\*\*Registration Required for Zoom\*\*\***

**\*\*\*Kinsmen Learning Centre Auditorium (4<sup>th</sup> Floor - ACH) for In-Person\*\*\***

## Shadows and Light Reframe. Reconnect. Re-engage

**Dr. Heather Patterson**, MD FRCPC

Author, Photographer

Physicians have been on the frontline of our healthcare crisis over the past three years. The toll is evident, and burnout threatens physician career longevity and satisfaction. Heather shares how photography allowed her to reframe her experiences, find hope, and a renewed sense of purpose in her career in medicine. Intimate images of healthcare workers, support staff, patients and families, shed light on the compassion, teamwork, and even joy that can be found amidst tragedy. The images and stories highlight love and loss, kindness and grace, and offer the opportunity to reflect on the purpose and privilege of practicing medicine. Her storytelling emphasizes the importance of remembering our “why”, delivering a message that is timely and critically important.

### Objectives:

1. Reflect on our experiences as healthcare providers during the pandemic, viral surge, and current challenges.
2. Remember our "why".
3. Consider ways to remain engaged while facing our ongoing healthcare challenges.