CHILD HEALTH AND WELLNESS



OWERKO CENTRE NEURODEVELOPMENTAL CLINICAL RESEARCH ROUNDS

Understanding & exploring periods of sexual transition in women with intellectual and developmental disabilities through the lens of physical literacy

Physical literacy, a conduit through which we influence our holistic well-being, is particularly pertinent for girls and women with intellectual and developmental disabilities (IDDs). This talk will explore physical literacy, discuss the intricacies of sexual and reproductive health issues and discuss translation of research findings into actionable strategies to enhance patient centered care and improve the overall health and wellbeing of girls and women with IDDs.

Dr. Laura St. John, PhD

Assistant Professor, Kinesiology; Azrieli Accelerator Professorship in Adapted Exercise Science for Neurodiverse Populations

Wednesday, June 5, 2024: 12:00 - 1:00 pm

Attend online or in-person: Child Development Centre, Main Floor Boardroom Refreshments will be available

Register: https://bit.ly/3w2bGeF















