



Supporting respectful workplaces

Learn more about how to navigate workplace sexual harassment and other unwelcome behaviour.

You are invited to register in **ONE** of the two identical sessions. Click on the link below to register. *Seats are limited. Register as soon as possible.*

Session #1

Tuesday, November 21st

1:00-4:00 pm

<https://bit.ly/SupportingRespectfulWorkplacesNov21>



Session #2

Wednesday, November 29th

1:00-4:00 pm

<https://bit.ly/SupportingRespectfulWorkplacesNov29>



This three-hour, interactive webinar will cover the following content:

1. Respectful workplace behaviours

- Self-awareness and our roles in respectful and psychologically safe environments.
- Tips and strategies to help address disrespectful behaviours before they become more escalated.
- AHS reporting requirements and where to go for assistance.

2. Sexual harassment- *What is it? So what? and Now what?*

- How sexual harassment is commonly understood.
- What are the implications of sexual harassment for everyone involved.
- Be a leader in cultural renovation- learn what you can do to stop it, support someone who has experienced it, or respond if you learn that you have done it to someone else.

The Presenters:

- **Dr. Kiara Mikita** is the Sexual Violence Educator for the Cumming School of Medicine with the University of Calgary and for Alberta Health Services, Calgary Zone.
- **Karen Delaronde** is a Senior Advisor in Respectful Workplaces, a Chartered Mediator and Chartered Human Resources Professional.
- **Guiomar Rouillard** is a Senior Advisor in Respectful Workplaces and a Chartered Professional in Human Resources.

If you have any questions, reach out to psychologicalhealthsafety@ahs.ca