

UNIVERSITY OF CALGARY CUMMING SCHOOL OF MEDICINE Department of Pediatrics

PEDIATRICS WEEKLY BULLETIN

JANUARY 25, 2024

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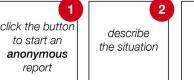
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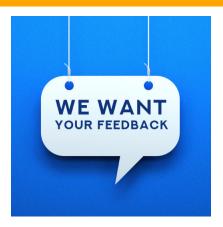


If you are experiencing maltreatment or unprofessional behavior at work:



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ANNOUNCEMENTS



Your Input Requested on the Department of **Pediatrics Strategic Plan**

The Department of Pediatrics is undertaking a strategic planning process. We want to ensure that the strategic plan is meaningful, actionable and reflective of the Department as a whole.

Please take a few minutes to fill out the survey via the link here.

The survey will close on **February 5** and the consultant helping with this process, Lisa Petermann, has reached out to your section chiefs to schedule time to get more detailed feedback from your group. In May we will have a workshop with medical leaders across the Department to refine and identify top priorities.

If you have suggestions/feedback or would like to be involved in the strategic planning process, please contact Dr. Antonia Stang.

Your input is greatly valued and appreciated!



Reminder - Grand Rounds on February 14

Some of you may be aware of the CPSA's Physician Practice Improvement Program - PPIP. This is a continuing competence, practice driven quality program launched in 2021. Physician participation in this program is mandatory and requires the submission of objective data. We have heard from several Department members who were unaware or uncertain of the requirements of this program.

To that end, we have arranged for a CPSA representative to present to the Department at Pediatric Grand Rounds on Wednesday, February 14, 2024 at 8:30 am.

Presenter: Dr. Danielle Michaels, Senior Medical Advisor, CPSA

- Topic: College of Physician and Surgeons of Alberta Physician Practice Improvement Program
- Date: Wednesday, February 14 at 8:30 am (Pediatric Grand Rounds)

We strongly encourage all physician members of the Department to attend as this program will affect everyone, and we want to make you aware of your reporting obligations. The CPSA has asked that you review the following information – 4 short video links – which describe the basics of the program. Dr. Michaels will add to this information and provide some practical examples/methods of how to meet the new CPSA standards.

The PPIP videos can be accessed using the following links provided by the CPSA (please use Google Chrome):

• General PPIP Information

• "The Why"

- "The What"
- "The How"

Register Now: Affirmation of Professional Calling Workshop (for New and Early Career Members!)

Tuesday, February 27, 2024 | 8:30 AM – 11:30 AM | In-Person, Alberta Children's Hospital Conference Rooms 3 & 4, 4th Floor

Are you new to the Department of Pediatrics? Within the first 5 years of your pediatric career? If so, please join us for this upcoming APC workshop tailored for early career members.

Join us for an interactive and reflective morning to build a community with other Pediatric Colleagues! Please RSVP to Jessica Todd.

Questions? Interested but timing does not work for you? Please email Dr. Preet Sandhu for more details.



Questions? Interested but timing does not work for you? Please email Dr. Preet Sandhu at <u>Amonpreet.sandhu@ahs.ca</u> for more details.

WELLNESS



The Primary Medicine Podcast: "Physician Empowerment: You Are More than an Empty Vessel"

Hosted by two Canadian Emergency and Family Medicine doctors, Dr. Kevin and Dr. Dimitre, the Primary Medicine Podcast provides listeners with a broad spectrum of topical discussions impacting Canadian healthcare professionals.

Click here for an episode on physician empowerment, featuring a remarkably refreshing view on wellness within the medical profession.

Well Doc Alberta's Literature Corner

See below for a selection of available searches from Well Doc Alberta's Literature Corner:

- Monthly update of physician wellness literature (January 2024)
- Comprehensive search on physician wellness literature
- Targeted search Electronic Health Records and Physician Wellness

Click here for more.

COMINGS & GOINGS



Dr. Susan Kuhn

We are excited to welcome Dr. Susan Kuhn to the role of Deputy Head, Professional Affairs with the Department of Pediatrics, effective February 1, 2024.

Dr. Kuhn is a member of the Section of Pediatric Infectious Diseases, where her clinical and academic focus has been on tropical medicine and migrant health.

Her research and educational interests have expanded in recent years to encompass medical humanism, professional fulfillment, and faculty development. These interests fueled a sabbatical that resulted in the conceptual framework that is gradually coming to life as the Professionals Engaging with Purpose Program (PEPP). She enjoys making out-of-the-box ideas a reality, especially when she can find others to collaborate with to make them even better.

Please join us in welcoming Dr. Kuhn into this new role!



Dr. Amonpreet Sandhu

A big thank you to our outgoing Interim Deputy Head for Professional Affairs, Dr. Amonpreet Sandhu, for her dedication, service and leadership in this role over the past several months!

Pediatric Cardiologist

- FTE: 1.0
- Type: Full-time Practice
- Location: Alberta Children's Hospital
- Application Deadline: April 30, 2024

Newborn Critical Care Clinical Associate

- FTE: 1.0 (may be filled by more than one physician)
- Type: Part-time Practice
- Location: Foothills Medical Centre and all other NICU sites
- Application Deadline: Open until a suitable candidate is found

For all postings, visit the Department of Pediatrics careers page

UPCOMING ROUNDS

Neonatal Grand Rounds

Tuesday, January 30, 2024 | 4:00 PM – 5:00 PM | Virtual (via Zoom)

Title: Antenatal Dexamethasone versus Betamethasone for Early Preterm Birth

Presenter: Dr. Amel Abdalkreem

→ CLICK HERE for further details. *REGISTRATION IS REQUIRED*

REGISTER

Pediatric Grand Rounds

Wednesday, January 31, 2024 | 8:30 AM – 9:30 AM | Virtual (via Zoom)

Title: Controversies in Pediatric Outpatient Asthma Management

Presenter: Dr. Connie Yang

→ CLICK HERE for further details. *REGISTRATION IS REQUIRED*

REGISTER

EVENTS

For all events, visit the Department of Pediatrics calendar All events are in MST (Mountain Standard Time), unless otherwise stated

Child Health and Wellness Seminar: "Will we ever see the end of Respiratory Syncytial Virus infection in infants?"

Monday, January 29, 2024 | 8:30 AM – 9:30 AM | Virtual (via Zoom)

Respiratory Syncytial Virus is the most common cause of hospital admission in the first year of life. Annual epidemics affect all hospital activities. Discover how passive immunization with one injection may provide protection against RSV for all infants.

 \rightarrow Click here for further details and to register.

Changing your Self-Criticism to Self-Compassion

Wednesday, January 31, 2024 | 7:00 PM - 8:30 PM | Virtual (via Zoom)

Are you caught up in a "try harder, do better" cycle? Do you feel you can't keep up/ are not good enough/compare yourself to your colleagues and find yourself coming up short? Do others' needs routinely come before yours? Do you stay up at night ruminating that you have missed something or made a mistake? You're not alone. Many physicians struggle with a harsh inner critic, perfectionism, and overfunctioning. Cultivating self-compassion is a proven antidote to these strategies that are no longer helpful.

In this interactive experiential session, learn and practice techniques for motivating yourself with encouragement rather than self-criticism.

 \rightarrow Click here for further details and to register.

Medical Genetics Cardiogenetics Symposium

Friday, February 2, 2024 | 8:45 AM – 4:30 PM | In-Person, Alberta Children's Hospital Amphitheatre, 4th Floor

The Cardiogenetics Symposium is a day-long event focused on educating all providers on novel updates to our understanding of disease mechanisms and treatments in cardiogenetics. Speakers include Dr. Lisa Hornberger from the University of Alberta, as well as local clinical and non-clinical subject experts. The genetics residents will also present a selection of interesting cases to conclude the day. Registration is not required.

\rightarrow Click here for the schedule of presentations.

Please note: Dr. Lisa Hornberger's presentation at 9:00 am will be available virtually. Click here to join the Zoom session (Meeting ID: 951 0651 2127, Password: 849444).

1st International Summit on Implantable BCI for Children with Complex Needs

Monday, February 5, 2024 | 8:00 AM – 1:30 PM | Virtual (via Zoom)

We are excited to announce the First International Summit on Implantable BCIs for Children with Complex Needs (iBCI-CCN 2024), which aims to outline the roadmap for the development of implantable BCI systems for children and young adults living with complex needs.

The event will take place over two parts, with the first being an open half-day summit with talks and discussion from leaders across the world in spaces that can help set the stage for establishing a pathway forward for implantable BCI systems for children with complex needs. The second part will be a smaller focused workshop on establishing the roadmap for implantable BCIs for children with complex needs.

 \rightarrow Click here for further details and to register.

NEW EVENT

Child Health and Wellness Seminar: "Advancing Care For Children With Neurodevelopmental Disorders Who Have Behaviours Of Concern"

Monday, February 5, 2024 | 8:30 AM – 9:30 AM | Virtual (via Zoom)

What are behaviours of concern? How do they impact children with neurodevelopmental disorders? And how can we improve care for these children? This session will focus on how the Precision Neurodevelopment Lab is working to address these questions.

 \rightarrow Click here for further details and to register.

Owerko Neurodevelopmental Clinical Rounds: "Post-Secondary Student Mental Health and Wellbeing: Current State, Emerging Trends, and Supportive Approaches"

Wednesday, February 7, 2024 | 12:00 PM – 1:00 PM | In-Person, Child Development Centre, Main Floor Boardroom and Virtual (via Zoom)

Join speaker Dr. Andrew Szeto, Director of UCalgary's Mental Health Strategy, to examine the current state of post-secondary student mental health and wellbeing along with specific approaches, trends, resources, and initiatives to better support students on post-secondary campuses.

 \rightarrow Click here to register.

2024 Pediatric Infectious Disease Conference

Friday, February 9 - Sunday, February 11, 2024 | In-Person, Fairmont Banff Springs Hotel

This course is designed for Pediatricians, Family Physicians, Residents and Allied Health Professionals. We aim to present recent advances and updates in pediatric infectious diseases in ways that are applicable and relevant to the practicing physician. The sessions are tailored to clinicians encountering infectious diseases in practice and they are engaging and interactive. We strive for a collegial and responsive environment with faculty and participants, and have a remarkable venue to host us and social events you will not want to miss!

The course outline can be seen here and objectives can be found here.

 \rightarrow Click here for further details and to register.

2024 Mindful Practice in Medicine Core Workshop

Wednesday, February 21 - Saturday, February 24, 2024 | In-Person, Banff Centre for Arts and Creativity

This workshop was developed by physicians to help medical practitioners and educators respond to the erosion of joy in their work, while providing an experiential and interactive learning environment.

This approach is evidence based - as it lessens the effects of burnout and improves well-being, engagement with work, and patient-centered compassionate care. Please join for a retreat-like workshop designed to energize your clinical work while helping you find joy and resilience, through honing your self-awareness and deep listening skills that are keys to navigating stressful and demanding situations you face daily.

 \rightarrow Click here for further details and to register.

NEW EVENT

47th American Academy of Pediatrics District 8 Section of Neonatal-Perinatal Medicine Conference

Thursday, June 20 - Sunday, June 23, 2024 | In-Person, Banff Centre for Arts and Creativity

This conference will provide recent advances in the delivery room management of neonates, along with talks on neonatal stroke and HIE, and up-to-date information on the long-term neurodevelopmental outcomes of premature infants. Additionally, the conference will cover nutrition in neonates and explore new developments in the field of nutrition in neonatology to improve the outcomes of our tiniest newborns. This event will offer an opportunity to meet world-renowned speakers in their particular areas and provide a chance to network for future research.

 \rightarrow Click here for further details and to register.

Contact pediatrics.comms@ucalgary.ca with questions or if you have content to contribute.

You are receiving this email because you are part of the Department of Pediatrics.



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