

WEEKLY BULLETIN

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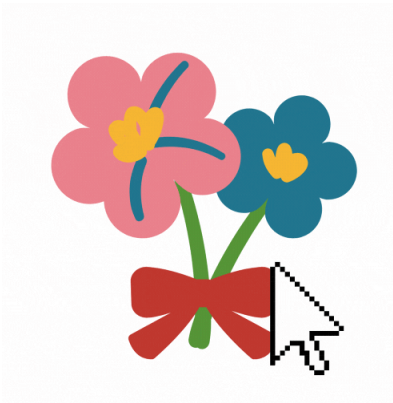
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Weekly Bulletin Archive

Check out the Department of Pediatrics past Weekly Bulletins on our website by pressing [here](#).

WELLNESS, CULTURE & COMMUNITY FEATURE



Click for Kudos

We invite you to anonymously nominate a colleague to be featured in our Weekly Bulletin. Please nominate individuals who deserve recognition for specific actions you have observed or experienced, or for consistently demonstrating exemplary behavior.

Remember, showing gratitude is not only beneficial for the recipient but also good for those who express it, especially for their brain health!

[Click to submit](#)

This month's kudos highlights / anonymous comments



Dr. Alixe Howlett

“Dr. Howlett deserves kudos for identifying a problem with communication in Calgary neonatal intensive care units, and working to find solutions to improve outcomes for critically ill newborns, their families, and the health system!”



Dr. Lorraine Mabon

“She is always quick to pick up a sick colleague's last minute shift or make a trade to help with scheduling conflicts. Lorraine keeps a list of everyone's birthdays and is the first to send out best wishes on the day.”



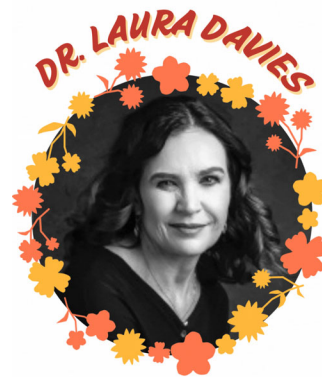
Dr. Gemma Vomiero

“For constantly being available as a sounding board for challenging situations. For validation and uncommonly good common sense - thank you for the spark you bring to this site!”



Dr. Michele Ramien

“Always willing to help and answer questions. Love collaborating and learning from her especially on tricky cases!”



Dr. Laura Davies

“You keep showing up to one of the most impossible jobs. Thank you keeping an action-oriented outlook!”



Dr. Elisabeth Dobereiner

“From iv starts to "I've got this", the quality of your work is noticed in all corners of this hospital. I've had nurses ask me "wow, who was that" as you whisk off to make someone else feel better.”



Dr. Jackie Harrison

“For seeing clearly, one cold, dark night in January, exactly what had to happen and proceeding to make that exact thing happen in the most beautiful way available. Thank you for understanding what was possible!”

Days of Significance

The EDI committee acknowledges the Days of Significance as highlighted in the [PESJO calendar](#). We will be featuring department members who celebrate various days of significance in ongoing monthly newsletters.



The Holy Month of Ramadan and Eid

Ramadan is a time for Muslims to deepen their commitment to piety and purification through fasting, good deeds, charitable giving, and personal sacrifices. This year it takes place from February 28 to March 29. It marks the month when Prophet Muhammad received the first revelation of the Holy Quran. Muslims celebrate Ramadan as a special time of spiritual fulfillment and renewal.

Ramadan is observed by 2 billion Muslims worldwide and nearly 100,000 people in Calgary. Despite the diversity within the Muslim community, Ramadan is observed similarly across cultures. Fasting days are punctuated by pre-dawn meals (Suhoor)

and sunset meals (Iftar), often starting with water and dates. There is an increased focus on prayer and spirituality, with special evening prayers called Tarawih held after the last nightly prayer.

Here are some ways DoP members can support colleagues during Ramadan:

- Greet Respectfully: Wish colleagues "Ramadan Mubarak" or "Ramadan Kareem" to show solidarity
- Be Mindful of Fatigue: Understand that fasting colleagues may have lower energy and offer assistance when needed
- Ensure Breaks at Sundown: Allow brief breaks at sunset for colleagues to break their fast and pray
- Offer Scheduling Flexibility: Adjust shifts to accommodate fasting and prayer schedules
- Provide a Supportive Environment: Create an inclusive atmosphere where non-fasting staff can eat and drink comfortably

After Ramadan, Muslims celebrate Eid al-Fitr, a festive occasion marking the end of fasting. Extend warm wishes like "Eid Mubarak" and acknowledge the significance of this celebration.



CMA 2025 National Physician Health Survey

On March 14, the Canadian Medical Association launched the 2025 National Physician Health Survey. Conducted every four years, the survey provides crucial data on burnout, anxiety, depression and other wellness indicators in medicine (e.g. the impact of admin burden, health workforce safety, leadership, etc.).

The results help us identify challenges and solutions so that we can advocate locally, regionally, provincially and federally for ways to support medical learners and physicians at all stages of their careers. The survey also provides researchers, educators and health organizations with a one-of-a-kind dataset to advance physician health and wellness programs.

All Canadian medical students, residents and practicing physicians are welcome to participate. The more responses we receive, the more comprehensive, representative and actionable the data and insights are, allowing us to drill down and understand the experience, nuance, barriers and enablers of population sub-groups. In addition, we may be able to generate tailored reports on your specific demographic and/or group, if minimum response thresholds are met.

The deadline to complete the survey is Tuesday, April 15 at 11:59 pm ET. If you have questions or feedback, please email yourvoice@cma.ca.

2025 National Physician Health Survey



Navigating Turbulent Times

A six week course that will provide an introduction to mindfulness.

Topics will include: What is mindfulness? Mindfulness of the body (including breath), Mindfulness of thoughts and emotions, Kindness and Compassion, Incorporating mindfulness into everyday life.

Dates: April 7 – May 12 2025 (weekly on Monday's)
Time: 6:30 PM – 8:00 PM (90 minute weekly)

session)
Location: W21C, Cal Wenzel Precision Health or
online

[Register here](#)



Black Child and Youth Wellbeing Conference

Date: May 8 – 9, 2025
Location: Alt Hotel, Calgary University District

Black Child and Youth Wellbeing Conference is the first of its kind, organized by the Black and Racial Equity (BARE) Research Program as part of the Transforming the Lives of Black Children and Youth project (funding by the Social Science and Humanities Research Council of Canada Partnership Grant). The conference is one of the many knowledge mobilization activities aimed at developing multi-faceted solutions and interventions for addressing the needs and concerns of Black children and youth in Canada.

[Learn more and register here](#)

DEPARTMENT HIGHLIGHTS



New Episode The Thrive Home

In this new episode of The Thrive Home podcast, hosted by faculty and residents at the Alberta Children's Hospital, we unmask imposter syndrome—a hidden struggle affecting up to 60% of medical students, residents, and physicians. Dr. Leanna McKenzie, a pediatric gastroenterologist and Deputy Head of Education, shares her personal experiences with imposter syndrome and breaks down the five distinct types: the Perfectionist, the Natural Genius, the Soloist, the Expert, and the Superwoman/Superman.

[Spotify](#)

[Apple Podcast](#)

[Amazon Music](#)



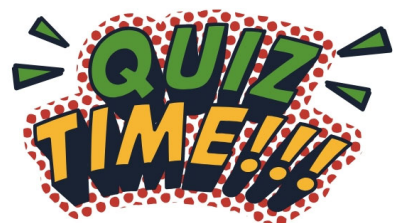
Save the Date! Annual Celebration 2025

We are pleased to announce that this year's Annual Celebration will be held in June. Please mark your calendars and prepare for an exceptional event. Further details and

registration will be coming soon.

- Tuesday, June 10, 2025 | 6:00 – 11:59 PM
- Calgary Golf and Country Club, 919 50 Ave SW, Calgary, AB T2S 1H1

Please note that this event is for Department Members (Physicians and PhD Researchers) and Trainees, along with their plus-ones. We look forward to celebrating with you!



2024 Annual Report Quiz

We hope you have reviewed this year's Department of Pediatrics' Annual Report, as we have prepared a simple quiz based on its contents!

The section/group with the highest participation will win a prize, which will be unveiled at the Annual Celebration in June.

Be sure to complete the quiz and share it with your colleagues.

[Quiz](#)

ANNOUNCEMENTS



Alberta Health
Services

Medication Posting

Vitamin A supplementation for children with measles

Alberta is currently experiencing a measles outbreak. The American Academy of Pediatrics recommends vitamin A supplementation for children with measles, especially in those with vitamin A deficiency.

[View here](#)

Jaundice in Newborns Guidelines



Please find the the relevant guidance documents for managing jaundice in newborns ≥ 35 weeks gestation / hyperbilirubinemia management for newborns equal ≥ 35 weeks below:

- [CPS jaundice guideline](#)
- [Clinical Practice Guidance](#)
- [Completing the Provincial Notice of Birth \(PNOB\) For Public Health Follow-Up](#)
- [Frequently Asked Questions](#)
- [Public Health Services Across the Province](#)
- [Summary of Current Practice Changes](#)
- [Phototherapy Devices & Radiometers](#)

**Register
Now**

[https://ecme.ucalgary.ca/
programs/support-for-ppip](https://ecme.ucalgary.ca/programs/support-for-ppip)



UNIVERSITY OF CALGARY
CUMMING SCHOOL OF MEDICINE
Continuing Medical Education
and Professional Development

SUPPORT for PPIP

Is here to **S**implify, **U**nderstand & **P**erform **P**ractice **O**ptimization
Requirements **T**ogether (SUPPORT) to meet the requirements
for the **P**hysician **P**ractice **I**mprovement **P**rogram (PPIP)

Get Step-by-Step Guidance

- Interactive web content provides you detailed guidance
- Working webinar sessions with expert facilitators will walk you through each step of developing an action plan
- Join a community of healthcare providers that is dedicated to supporting each other



Generate Your Data with Built-in Tools and Reports



- Generate your practice data from patient charts using online questionnaires based on CPSA's Standards of Practice that provide data reports; viewable right inside the online learning platform
- User-friendly design that makes data gathering easy for providers with little to no experience in QI

Earn Credit Hours & Meet Requirements for PPIP

- Earn upto 15 CME credit hours with the CFPC (Self-Learning) or RCPSC (MOC Section 3)
- Be equipped to respond with confidence to potential PPIP activity audits by the CPSA
- Complete all 3 PPIP activities in 1 program



In order to support physicians in meeting the requirements of PPIP, the Office of CME & PD of the Cumming School of Medicine developed 'SUPPORT for PPIP'. This tool was specifically designed to guide physicians through the process of completing the PPIP requirements. The first series of webinars for all three modules of PPIP received excellent feedback.

[Learn more here](#)



ECHOing Care



Children with Medical Complexity Call for Cases

Are you a healthcare professional with an interesting, complex, or unique medical case related to Children with Medical Complexity?

We want to hear from you!

ECHO is looking for cases related to any pediatric complex health need.

Upcoming Sessions Include Topics Related To:

Unexplained Pain, Dystonia Management,
Complex Resources, and Bone Health

Don't miss the chance to make an impact with ECHO!

Project ECHO aims to foster a virtual case-based learning environment and community of practice for pediatric complex care and can support you in your work through case-based learning and topic discussions. Bring your de-identified cases for advice and support.

Join our interprofessional virtual community of practice.

Call for Cases!

The Alberta Children's Hospital Complex Care Program is inviting all healthcare providers to submit cases related to any pediatric complex health need for their ECHO (Extensions for Community Health Outcomes) Project focused on children with medical complexity. By submitting your case, you can share your knowledge and help advance medical education through a case presentation, as well as join a community of professionals committed to improving patient care. Submit your cases using the button below.

Submit here



Seeking Examiners

The Pediatrics Postgraduate Program is seeking OSCE and STACER examiners for the following sessions:

OSCE:

- Thursday, April 3 | 12:45pm – 4:30pm OSCE at MedSkills (FMC-Health Sciences Centre)
- Thursday, May 8 | 12:45pm – 4:30m OSCE at MedSkills (FMC-Health Sciences Centre)
- Thursday, May 22 | 12:45pm – 4:30pm VOSCE for PGY4s (Zoom)

STACER:

- *NEW* Tuesday, April 1 | 12:30 – 4:00 PM STACER (location: TBD)
- Thursday, May 29 | 12:45pm – 4:30pm STACER at MedSkills (FMC-Health Sciences Centre)
- Thursday, June 12 | 12:45pm – 4:30pm STACER at MedSkills (FMC-Health Sciences Centre)
- Thursday, June 19 | 12:45pm – 4:30pm STACER at MedSkills (FMC-Health Sciences Centre)

No preparation is required- just show up, follow the script, and enjoy an afternoon with learners and colleagues! OSCE/STACER Examiner Remuneration is available to non AMHSP staff at a rate of \$150/hour.

Please contact Pediatric.ResidencyProgram@ahs.ca if you are able to assist on any of the above dates, thank you!

Have news or content that you would like to be featured?

Please send us an email at peditrics.comms@ucalgary.ca by Tuesday at 11:00 AM for it to be included in that week's issue or the appropriate week's feature. Learn more about each week's themes [here](#).

EVENTS

For all events, please visit the Department of Pediatrics [calendar](#)
All events are in MST (Mountain Standard Time), unless otherwise stated

Child Health and Wellness Seminar

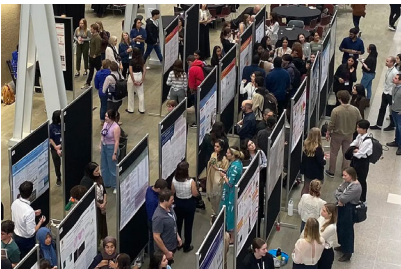
*Understanding what matters to children and families:
The socioeconomic impact of childhood arthritis*

Speakers: Drs. Deborah Marshall, Gillian Currie,
Rodrigo Dal Ben and Ana Claudia Fuhrmann, & Ms. Brittany Gerber
Health Economics, Value and Impact Research Team, UCalgary
Host: Dr. Kathryn Graham

Monday, March 31: 8:30 – 9:30 am
Register for Zoom: bit.ly/3X0jA2F



[Zoom Registration](#)



2025 Transdisciplinary Maternal and Child Health Graduate Research Symposium

Monday, April 28 | 8:00 AM - 6:00 PM

Led by the Alberta Children's Hospital Research Institute's Trainee Association (ACHRITA), this symposium is funded by UCalgary's Graduate Students' Association in partnership with ACHRI.

[Learn more and register here](#)

PEPP Networking Series: Retirement | Transitioning Out of Practice

April 29, 2025 | 5:30 – 8:00 PM (dinner and informal networking prior)

Facilitated by: Well Doc Alberta

Location: TBA

Stay tuned for details to come.

UPCOMING ROUNDS

Neonatal Rounds

Tuesday, April 1, 2025 | 4:00 – 5:00 PM

Virtual (via Zoom)

Topic: Navigating Acute Hemolytic Anemia in Term and Near-term Neonates: Insights from the Past, Strategies for the Present and Innovations for the future

Presenter: Dr. Flora Shan

[Click here for more information](#)

[Zoom Registration](#)

Pediatric Grand Rounds

Wednesday, April 2, 2025 | 8:30 – 9:30 AM

Kinsmen Learning Centre Auditorium (4th Floor - ACH) or Virtual (via Zoom)

Topic: Measurement-based Care Experiences & Outcomes in Child and Adolescent Mental Health

Presenters: Dr. Maria Santana, Dr. Jennifer Zwicker, Dr. Erin McCabe & Bishnu Bajgain

[Click here for more information](#)

[Zoom Registration](#)

Pediatric Emergency Medicine City Wide Rounds

Thursday, April 3, 2025 | 12:30 – 1:00 PM

Virtual (via Zoom)

Topic: Synthetic Drug Toxicity

Presenter: Dr. Miguel Glatstein, Clinical Director of Medical Toxicology Sourasky Medical Centre Tel Aviv, Israel

[Zoom Link](#)

Meeting ID: 941 4540 5612 Passcode: 183090

Grand Rounds Recordings

Check out the Grand Rounds page on our website for previous Grand Rounds presentations **here**.

CURRENT OPPORTUNITIES

Locum Pediatric Respirologist

- FTE: 1.0
- Type: Short-term Locum
- Location: Alberta Children's Hospital
- Application Deadline: March 28, 2025

Clinician Primary Researcher, Paediatric Nephrology

- Location: Foothills Campus
- Application Deadline: March 28, 2025

Pediatric Endocrinologist Locum

- FTE: 0.9
- Type: Short-term Locum
- Location: Alberta Children's Hospital
- Application Deadline: March 31, 2025

Pediatric Cardiology Clinical Associate - Locum (EXTENDED)

- FTE: 0.6
- Type: Long-term Locum
- Location: Alberta Children's Hospital
- Application Deadline: March 31, 2025

Pediatric Cardiology Clinical Associate (EXTENDED)

- FTE: 0.6
- Type: Part-time
- Location: Alberta Children's Hospital
- Application Deadline: March 31, 2025

Facility Medical Director, Alberta Children’s Hospital, Calgary Zone

- FTE: 0.4
- Type: Part-time
- Location: Alberta Children's Hospital
- Application Deadline: April 2, 2025

Adolescent Medicine, Pediatrician, Locum, AMHSP (EXTENDED)

- FTE: 1.0
- Type: Short-term Locum
- Location: Alberta Children's Hospital
- Application Deadline: April 13, 2025

AMHSP Clinician - Infectious Diseases (EXTENDED)

- FTE: 1.0
- Type: Full-time
- Location: Alberta Children's Hospital
- Application Deadline: Open until a suitable candidate is found

Community Pediatrician or Pediatric Subspecialist

- FTE 0.2-1.0 (Flexible opportunities) Mon-Fri
- Type: Part-time to Full Time Practice
- Location: Sunnyhill Pediatric Clinic, located in University District NW Calgary, steps from the Alberta Children’s Hospital

- Application Deadline: Open until space is filled
- If interested, please inquire by contacting Dr. Robert (Bobby) Shyleyko at robert.shyleyko@albertahealthservices.ca

Community Pediatrician or Pediatric Subspecialist

- FTE 0.2-1.0 Mon-Fri
- Type: Part-time to Full Time or Locum
- Location: MyKidz Pediatric Clinic - locations in the Northeast (NE) and Southeast (SE) quadrants of Calgary, Alberta.
- Application Open until space is filled
- For more information email info@mykidz.ca or contact Paul Galang at paul@sleepconsultants.ca

Community Pediatrician or Pediatric Subspecialist

- FTE 0.2-1.0 Mon-Fri
- Type: Part-time to Full Time or Locum
- Location: Kiwi Pediatrics, Close to Deerfoot in the SE
- Application Open until space is filled
- For more information contact Dr. Dan Ross or Dr. Amanda Evans at kiwipeds@gmail.com

Community Pediatrician or Pediatric Subspecialist

- FTE 0.2-1.0 Mon-Fri
- Type: Part-time to Full Time Consultant Based Practice
- Location: Sage Fox Medical Consultants L100 - 8555 Scurfield Drive NW
- Application Open until space is filled
- For more information see our [website](#) or contact Dr. Katie Doherty at drdoherty@sagefoxmedical.ca

Explore these other job boards for more current opportunities with our department, the Cumming School of Medicine at the University of Calgary and Alberta Health Services below.

UCalgary Careers

Doctor Jobs Alberta

Contact pediatrics.comms@ucalgary.ca with questions or if you have content to contribute.

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