

WEEKLY BULLETIN

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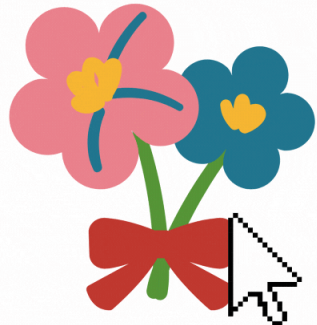
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Weekly Bulletin Archive

Check out the Department of Pediatrics past Weekly Bulletins on our website by pressing [here](#).

WELLNESS, CULTURE & COMMUNITY FEATURE



Click for Kudos

We invite you to anonymously nominate a colleague to be featured in our Weekly Bulletin. Please nominate individuals who deserve recognition for specific actions you have observed or experienced, or for consistently demonstrating exemplary behavior.

Remember, showing gratitude is not only beneficial for the recipient but also good for those who express it, especially for their brain health!

[Click to submit](#)

Days of Significance

The EDI committee acknowledges the Days of Significance as highlighted in the [PESJO calendar](#). We will be featuring department members who celebrate various days of significance in ongoing monthly newsletters.



World Autism Day, April 2, 2025

Autism “awareness” day is a time to highlight the importance of autism within our society. Since most people are aware that autism exists, there is a movement to rename it “Autism Acceptance Day”. The purpose of the “acceptance” is to acknowledge that autistic individuals are present throughout all walks of society and are often overlooked, ignored, bullied or have to hide their true selves in order to fit in and be successful.

This masking of the individual leads to increased mental health concerns and significantly increases the suicide rate among autistics who have a normal or above normal IQ. Data from one study in 2023 revealed that ~34% of autistics have experienced suicidal ideation, 22% have made plans and 24 % have had at least one suicide attempt. Acceptance of autistic behaviours as being normal (they are after all, human behaviours) would allow for autistic members of society to feel more comfortable being themselves and reduce this mental health burden.

Autism Acceptance Day is an opportunity for everyone to reflect on their own biases. A common bias is the belief that the only “right way” to communicate is through spoken word. For many autistic individuals, including those who are highly verbal, spoken language is not their preferred form of communication. There is research showing that adult autistics can temporarily lose their ability to speak when they are unwell, stressed or tired. Why then, do we insist on teaching children to speak, yet not pair this with also teaching them alternate communication methods? The answer is clear; because the rest of the population speaks so this must be the “best” approach to communication for everyone. A second example would be the insistence on quiet hands when listening. For those who need to fidget when someone is speaking to them, having to focus on keeping their hands still can mean that they are unable to understand what they are being told. Autistics are famous for being inflexible, but in these situations, who is the individual being forced to be flexible, and who is being rigid?

While Autism Awareness Day is not celebrated with parties, cakes and gifts, it is an important day for everyone to think about how we interact with the autistic individuals in our own lives.



PEPP Networking Sessions: Transitioning Out of Practice

April 29, 2025 | 5:30 – 8:00 PM (dinner and informal networking prior)

Facilitated by: Well Doc Alberta

Location: ACH Physcians' Lounge

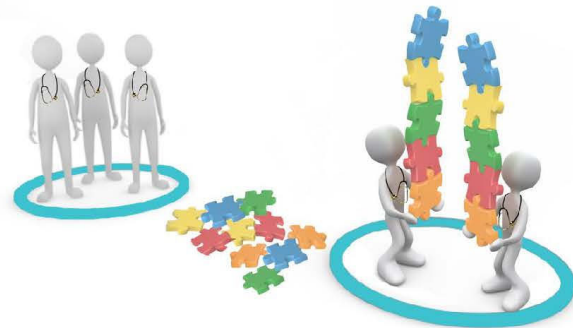
The Calgary Department of Pediatrics presents

Physician Wellness Support Across Career Transitions Transition Out Of Practice (TOOP) – Who Am I Now?

in collaboration with Well Doc Alberta

We are offering an in-person supper meeting for physicians contemplating transitioning out of practice.

This facilitated, evidence-based session is grounded in the commensality group model (the practice of eating together), where colleagues explore the meaning, impact, and challenges of physician life.



Transition Out Of Practice (TOOP)

Learning Objectives:

By the end of this session, participants will be able to

1. Describe the role of their professional identity in the context of their self-identity
2. Identify challenges and opportunities that come with transitioning out of practice
3. Describe strategies that may support successful transitioning out of practice

Tuesday, April 29, 2025 | 1730 – 2000 *dinner begins at 1645

Registration required: <https://ucpeds-toop1.eventbrite.ca>

Location: Alberta Children's Hospital – Physicians' Lounge (second floor)

Session Facilitator

Dr. Lara Cooke MD MSc FRCPC (Neurology)

Well Doc Alberta aims to help physicians, physician groups, and healthcare system leaders embed policies, practices, and programs in their healthcare systems to proactively enhance the wellness of physicians across Alberta. [Learn more at welldocalberta.org](https://welldocalberta.org)



UNIVERSITY OF CALGARY
CUMMING SCHOOL OF MEDICINE
Department of Pediatrics



DEPARTMENT OF PEDIATRICS
CALGARY

Well Doc Alberta
Shaping the future of physician wellness, together

[Register here](#)



Join the Department of Pediatrics Equity, Diversity, and Inclusion (EDI) Advisory Committee

The Department of Pediatrics Equity, Diversity, and Inclusion (EDI) Advisory Committee is seeking to expand its membership diversity, including individuals who consider themselves allies of equity deserving groups.

Committee members provide a voice and a two-way flow of communication between department members and the Department of Pediatrics Leadership, relating to EDI including recruitment, recognition, and education.

Objectives:

- Embed EDI practices in recruitment and selection processes
- Develop procedures for recognizing department members based on EDI principles
- Integrate EDI principles into department committees
- Collaborate with other departments on EDI efforts
- Promote EDI education and training

Membership: Represent diverse voices within the department, including clinical and non-clinical faculty, pediatric residents, and members at various career stages. Serve a three-year term, with the option to renew once.

Meetings: Monthly from September to June, with additional meetings as needed.

Join a team dedicated to fostering equity and inclusion within the Department of Pediatrics! Your participation will help create a more inclusive and equitable environment for all members. If you have any questions or would like to join, send an email to Stacy.Boehner@albertahealthservices.ca or Susan.Kuhn@albertahealthservices.ca

DEPARTMENT HIGHLIGHTS



Dr. Novak Receives 2025 Early Career Pediatrician Award

Dr. Novak has been selected to receive the 2025 Early Career Pediatrician Award from the Canadian Pediatric Society. This award recognizes pediatricians with fewer than 10 years of practice for their exceptional contributions to the health of children and youth at the local level, particularly in patient care, teaching and education, and community service.

Dr. Novak has earned numerous accolades from patients and their families for his outstanding care. As the medical lead for equipment and procedures, he has significantly improved anxiolysis and sedation services for patients, utilized point-of-care ultrasound (POCUS) as an adjunct to bedside clinical assessments, and implemented heated humidified high flow outside the pediatric intensive care unit (PICU) for patients with severe bronchiolitis.

He is also a passionate medical educator with a master's degree in medical education. Dr. Novak is a pre-clerkship curriculum developer and instructor at the University of Calgary's Cumming School of Medicine, an esteemed preceptor for medical students, residents, and fellows during clinical service, and the creator of a free open-access website offering educational resources in pediatrics, including podcasts, videos, and infographics.

In addition, Dr. Novak dedicates many hours to volunteer work with Kamp Kiwanis, which provides camping programs for underprivileged and disadvantaged children in the Calgary area. He currently serves on their board of directors.

Congratulations, Dr. Novak!

Commitment to Vaccine Excellence

Considering the recent measles exposure in Alberta, we encourage you to learn more about the Department of Pediatrics' Vaccine Confidence Toolkit by watching the video below.



New Episode The Thrive Home



In this new episode of The Thrive Home podcast, hosted by faculty and residents at the Alberta Children's Hospital, we unmask imposter syndrome—a hidden struggle affecting up to 60% of medical students, residents, and physicians. Dr. Leanna McKenzie, a pediatric gastroenterologist and Deputy Head of Education, shares her personal experiences with imposter syndrome and breaks down the five distinct types: the Perfectionist, the Natural Genius, the Soloist, the Expert, and the Superwoman/Superman.

[Spotify](#)

[Apple Podcast](#)

[Amazon Music](#)



Annual Celebration 2025

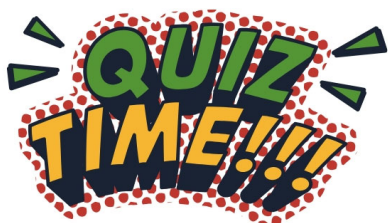
The Department of Pediatrics is pleased to invite Department Members (Physicians and PhD Researchers) and Trainees to come celebrate everyone's hard work and all of the great achievements in the past year.

Date: Tuesday, June 10, 2025

Time: 6:00 – 11:59 PM (MT)

Location: Calgary Golf and Country Club

[More details and register here](#)



2024 Annual Report Quiz

We hope you have reviewed this year's Department of Pediatrics' Annual Report, as we have prepared a simple quiz based on its contents!

The section/group with the highest participation will win a prize, which will be unveiled at the Annual Celebration in June.

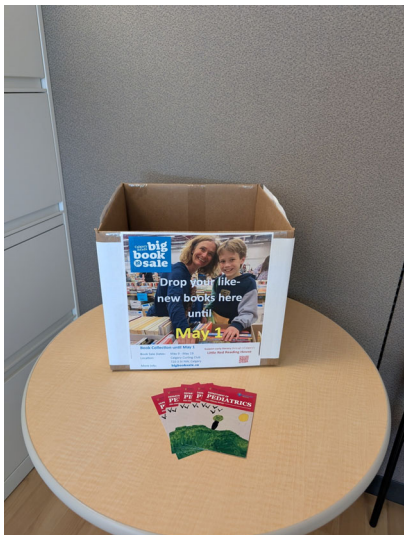
Be sure to complete the quiz and share it with your colleagues.

[Quiz](#)

Current Leaderboard

1. The section of "Newborn Critical Care"
2. The section of "Emergency Medicine"
3. The section of "Pediatric Hospital Medicine"

ANNOUNCEMENTS



Calgary Reads Big Book Sale

The Owerko Centre is collecting USED books to support childhood literacy. Last year, the Calgary Reads Big Book Sale raised \$570,000 to promote literacy and help more children become confident, joyful readers.

The Department of Pediatrics is participating in collecting gently used books to support and champion childhood literacy! Collection boxes are in the department and at ACH Starbucks on the fourth floor until May 1.



Seeking Examiners

The Pediatrics Postgraduate Program is seeking OSCE and STACER examiners for the following sessions:

OSCE:

- Thursday, May 8 | 12:45pm – 4:30m OSCE at MedSkills (FMC-Health Sciences Centre)

STACER:

- Thursday, May 29 | 12:45pm – 4:30pm STACER at MedSkills (FMC-Health Sciences Centre)
- Thursday, June 12 | 12:45pm – 4:30pm STACER at MedSkills (FMC-Health Sciences Centre)
- Thursday, June 19 | 12:45pm – 4:30pm STACER at MedSkills (FMC-Health Sciences Centre)

No preparation is required- just show up, follow the script, and enjoy an afternoon with learners and colleagues! OSCE/STACER Examiner Remuneration is available to non AMHSP staff at a rate of \$150/hour.

Please contact Pediatric.ResidencyProgram@ahs.ca if you are able to assist on any of the above dates, thank you!



Alberta Children's Hospital



ECHOing Care

Children with Medical Complexity

Do you work with Children with Medical Complexity?
Project ECHO can support you in your work through **case-based learning** and **topic discussions**. Bring your de-identified cases for advice and support. **Join our interprofessional virtual community of practice.**

Upcoming Session: Pain in Children with Medical Complexity
This session will focus on **Unexplained Pain**



May 13, 2025



11:00 - 12:45 MST

Delivered via **zoom**

<https://redcap.link/achechoregistration>



Dr. Vithya Gnanakumar



Join the Alberta Children's Hospital Complex Care ECHO! All healthcare professionals are invited to register for the next virtual session on May 13th, 2025, focusing on *Unexplained Pain in Children with Medical Complexity*. ECHO offers case-based learning and a supportive community of practice. Each session is accredited for 1.5 hours of MOC Section 1 Credits.

[Register here](#)

Have news or content that you would like to be featured?

Please send us an email at pediatrics.comms@ucalgary.ca by Tuesday at 11:00 AM for it to be included in that week's issue or the appropriate week's feature. Learn more about each week's themes [here](#).

EVENTS

For all events, please visit the Department of Pediatrics [calendar](#)
All events are in MST (Mountain Standard Time), unless otherwise stated

Child Health and Wellness Seminar

Early Career Researcher Series

Changing the Flow: IUD Adoption Among Canadian Adolescents and Women from 1997–2022

Dr. Amity Quinn, PhD

Assistant Professor, University of Calgary

Monday, April 28: 8:30 – 9:30 am

Register for Zoom: bit.ly/3Y1DURt



The CHW Seminars are accredited by the Royal College of Physicians and Surgeons of Canada. You can request CME credit for the college's *MOC program* when completing the online evaluation form.

[Register here](#)



Black Child and Youth Wellbeing Conference

May 8 – 9, 2025

Alt Hotel, Calgary University District

Black Child and Youth Wellbeing Conference is the first of its kind, organized by the Black and Racial Equity (BARE) Research Program as part of the Transforming the Lives of Black Children and Youth project (funding by the Social Science and Humanities Research Council of Canada Partnership Grant).

[Learn more and register here](#)



Exploring the Heart of Low German Mennonite Life: A Cultural Journey

Friday, May 9, 2025 | 2:00 – 4:00 PM

Location: ACH 4th Floor Conference Rooms 2 & 3

This presentation is open to all ACH staff who work with Low German Mennonites and would like to more about their culture.

[Learn more and register here](#)

Child Health and Wellness Seminar



Alberta Children’s Hospital Research Institute Spring Update

Dr. François Bernier, MD

Director, ACHRI & Project Lead, One Child Every Child
Co-lead, Precision Health & Wellness and Comprehensive Data

Monday, May 12, 2025

8:30 – 9:30 am

Register for Zoom: bit.ly/42qvtRm



[Register here](#)



General Pediatric Residents Graduation Ceremony

Thursday, May 15, 2025 | 4:00 - 5:00 PM

ACH Conference Room 3

Please join us in wishing our graduating PGY-4 pediatric residents a warm goodbye and all the best in their future endeavors! Light snacks will be provided.

Upcoming Workshop



Feedback



Tuesday, May 27 | 8:30 - 11:00 AM



Conference Room 7 - 15 spots open

Scan here to register



Upcoming Workshop



Easy QI Methods and Tools to Enhance Effectiveness of your QI, Education and Research Projects



Monday, June 16 | 1:00 - 4:00 PM



Conference Room 13 - 15 spots open



[Register for the workshops here](#)



Upcoming Calgary Neonatal Quality Improvement Education Program Workshops

The [Calgary Neonatal Quality Improvement Education Program](#) is offering 2 workshops. Please register for them by June 9, 2025. If you have any questions, please reach out to Dr. Ayman Abou Mehrem Ayman.AbouMehrem@ahs.ca.

EPIQ Workshop for NeuroQI Day

Tuesday, June 17, 2025
8:30 AM – 3:30 PM
Alberta Children Hospital (Lunch Included)

Registration (Max 40 Participants)
Registration Fee: \$175 CAD (AHS Staff and Physicians \$125 when using discount coupon cqiepahs50)

This is a multidisciplinary, interactive, and hands-on EPIQ workshop focusing on initiatives to reduce brain injury in preterm infants.

[Learn more and register here](#)

Making Sense of QI Data Workshop

Tuesday, June 17, 2025
4:00 AM – 7:00 PM
Alberta Children Hospital

Registration (Max 20 Participants)
Registration Fee: \$100 CAD (AHS Staff and Physicians \$50 when using discount coupon cqiepahs50)

This is an interactive, 3-hour hands-on workshop that will teaching how to collect, classify, analyze and display QI data.

[Learn more and register here](#)

UPCOMING ROUNDS

Neonatal Rounds

There will be no Neonatal Rounds for the next two weeks due to the Pediatric Academic Societies (PAS) Conference taking place in Honolulu, Hawaii from April 24–28. Neonatal Rounds will resume on May 6.

Paediatric Grand Rounds

Wednesday, April 30, 2025 | 8:30 – 9:30 AM

Kinsmen Learning Centre Auditorium (4th Floor - ACH) or Virtual (via Zoom)

Topic: Paediatric heart failure, cardiomyopathies and advances in management

Presenters: Claire Irving

[Register here](#)

Psychopharmacology Rounds

Wednesday, May 14, 2025 | 12:00 – 1:00 PM

Virtual (via Zoom)

Topic: Introducing a new drug trial for anxiety treatment in children and adolescents with neurodevelopmental disorders

Presenter: Thomas Qiao, MSc; Research Coordinator, The Mathison Centre for Mental Health Research and Education, University of Calgary

[Register here](#)

Grand Rounds Recordings

Check out the Grand Rounds page on our website for previous Grand Rounds presentations [here](#).

CURRENT OPPORTUNITIES

Click on the following positions for complete posting details.

Facility Medical Director (EXTENDED)

FTE: 0.4

Type: Part-time

Location: Alberta Children's Hospital

Application Deadline: April 30, 2025

Pediatric Neurologist

- FTE: 1.0
- Type: Full-time
- Location: Alberta Children's Hospital
- Application Deadline: May 2, 2025

Locum Pediatric Neurologist

- FTE: 1.0
- Type: Short-term
- Location: Alberta Children's Hospital
- Application Deadline: May 2, 2025

Locum Pediatric Neurologist

- FTE: 0.7
- Type: Short-term
- Location: Alberta Children's Hospital
- Application Deadline: May 2, 2025

Pediatric Cardiology Clinical Associate (EXTENDED)

- FTE: 0.6
- Type: Part-time
- Location: Alberta Children's Hospital
- Application Deadline: April 28, 2025

Pediatric Cardiology Clinical Associate - Locum (EXTENDED)

- FTE: 0.6
- Type: Long-term
- Location: Alberta Children's Hospital
- Application Deadline: April 28, 2025

Pediatric Cardiologist (EXTENDED)

- FTE: 1.0
- Type: Full-time
- Location: Alberta Children's Hospital
- Application Deadline: April 28, 2025

Clinical Geneticist

- FTE: 1.0
- Type: Full-time
- Location: Alberta Children's Hospital
- Application Deadline: May 1, 2025

Pediatric Endocrinologist Locum

- FTE: 1.0
- Type: Short-term Locum
- Location: Alberta Children's Hospital
- Application Deadline: May 2, 2025

Pediatric Endocrinologist Locum

- FTE: 0.9
- Type: Short-term
- Location: Alberta Children's Hospital
- Application Deadline: May 2, 2025

Locum Pediatric Respiriologist (EXTENDED)

- FTE: 1.0
- Type: Short-term
- Location: Alberta Children's Hospital
- Application Deadline: May 2, 2025

Admitting Locum Pediatrician, Evening and Overnight Shifts

- FTE: 1.0
- Type: Short-term
- Location: Alberta Children's Hospital
- Application Deadline: May 6, 2025

Pediatric Hospital Medicine Short Term Locum Physician

- FTE: 1.0
- Type: Short-term
- Location: Alberta Children's Hospital
- Application Deadline: May 6, 2025

Adolescent Medicine, Pediatrician, Locum, AMHSP (EXTENDED)

- FTE: 0.1
 - Type: Short-term
 - Location: Alberta Children's Hospital
 - Application Deadline: May 13, 2025
-

AMHSP Clinician - Infectious Diseases (EXTENDED)

- FTE: 1.0
- Type: Full-time
- Location: Alberta Children's Hospital
- Application Deadline: Open until a suitable candidate is found

Community Pediatrician or Pediatric Subspecialist

- FTE 0.2-1.0 Mon-Fri
- Type: Part-time to Full Time or Locum
- Location: Kiwi Pediatrics, Close to Deerfoot in the SE
- Application Open until space is filled
- For more information contact Dr. Dan Ross or Dr. Amanda Evans at kiwipeds@gmail.com

Community Pediatrician or Pediatric Subspecialist

- FTE 0.2-1.0 Mon-Fri
- Type: Part-time to Full Time or Locum
- Location: MyKidz Pediatric Clinic - locations in the Northeast (NE) and Southeast (SE) quadrants of Calgary, Alberta.
- Application Open until space is filled
- For more information email info@mykidz.ca or contact Paul Galang at paul@sleepconsultants.ca

Community Pediatrician or Pediatric Subspecialist

- FTE 0.2-1.0 Mon-Fri, Flexible
- Type: Part-time to Full Time Consultant Based Practice
- Location: Sage Fox Medical Consultants L100 - 8555 Scurfield Drive NW
- Application Open until space is filled
- For more information see our [website](#) or contact Dr. Karin Winston at drwinston@sagefoxmedical.ca

Explore these other job boards for more current opportunities with our department, the Cumming School of Medicine at the University of Calgary and Alberta Health Services below.

UCalgary Careers

Doctor Jobs Alberta

Contact pediatrics.comms@ucalgary.ca with questions or if you have content to contribute.

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University of Calgary - Department of Pediatrics
28 Oki Drive NW
Calgary, AB T3B 6A8
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