

WEEKLY BULLETIN

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Weekly Bulletin Archive

Check out the Department of Pediatrics past Weekly Bulletins on our website by pressing [here](#).

WELLNESS, CULTURE & COMMUNITY FEATURE



Equity Diversity
Inclusion (EDI)
Moments

Dept of
Pediatrics



Equity Diversity Inclusion (EDI) Moments

What are EDI moments?

- Equity, Diversity, Inclusion moments
- Started at U of C Internal Medicine in 2020
- To raise EDI literacy amongst physicians and physician leaders
- Five-minute presentation with follow-up discussion/resources
- Brief recurring educational intervention
- Positive results, now expanding across the CSM

Why are EDI Moments important?

- Aligns with Cumming School of Medicine 2023 Strategic Priorities
- Foster a culture of inclusion and belonging respectful of differences and life experiences
- Improve health outcomes through best patient care
- Empower everyone to reach their best potential

Resources

- [Professionalism: microaggression in the healthcare setting](#)
- [AHS Insite: Microaggressions - How to address](#)
- [AHS Insite: Best Practice Guide: Microaggressions](#)
- [Recognizing and Responding to Microaggressions at Work](#)
- DoP EDI committee: naminder.sandshu@ahs.ca
- [UCalgary's Office of Equity, Diversity and Inclusion](#)

[View the June 26, 2024 EDI Moments here](#)

Zoom recording passcode: \$Rmuwj1M



Civility Saves Lives

Good teams reduce patient mortality and complaints and improve staff satisfaction, performance, and health. Incivility gets in the way of teams working at their best. Follow the lead of the New Zealand rugby team’s “no a--hole rule”.

[Learn more here](#)

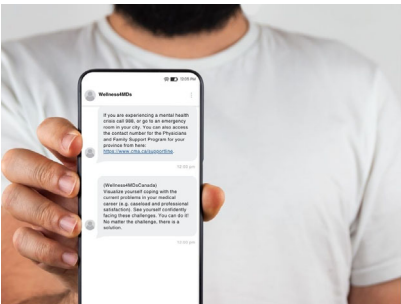
A recent study by Sinsky et. al. (2024) of physicians in the US showed that

Taking at least 3 weeks of vacation per year was associated with a reduced risk of burnout.

Working for more than 30 minutes per day while on vacation was associated with a higher risk of burnout.

A friendly reminder that vacations are good for you! Remember to take your holidays, and leave the work behind.

[Read the study here](#)



Wellness4MDs Program: Mental Health Support for Physicians, Residents, and Medical Students

Are you seeking support to deal with stress, burnout, anxiety, or depression, build resilience, and maintain or improve psychological wellness? If so, subscribe to the Wellness4MDs program to receive free daily cognitive behaviour therapy-based supportive text messages and mental health literacy information.

Text “WELLMD” to 1-855-947-4673 to subscribe. You can stop receiving the messages by replying “STOP” at any time.

[Learn more](#)




Well Doc Alberta Education Bulletins

Well Doc Alberta Education Bulletins aim to enhance literacy and awareness about various aspects of physician wellness by delivering short, evidence-based information resources developed by content experts.

[View the bulletins](#)





Federation of Medical Women of Canada | Fédération des femmes médecins du Canada

CATALYSTS FOR CHANGE

Celebrating 100 Years of Medical Women in Canada

2024 EDUCATIONAL CONFERENCE & AGM

September 27-28, 2024

Fairmont Château Laurier, Ottawa



FMWC

@FMWCanada

#FMWC100

Federation of Medical Women of Canada 2024 Educational Conference and AGM

Medical students, residents, and physicians who are current FMWC members are invited to submit abstract submissions for the poster session – the deadline is **Wednesday, July 31, 2024.**

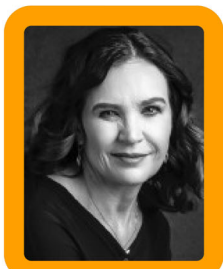
[Learn more and register here](#)

DEPARTMENT HIGHLIGHTS

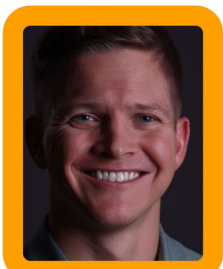
Pediatric Hospital Medicine Recognition Awards

Congratulations to all the recipients of the Pediatric Hospital Medicine (PHM) Recognition Awards created by their Community and Culture Committee! The award recipients were announced at the PHM Retreat dinner on June 13, 2024.

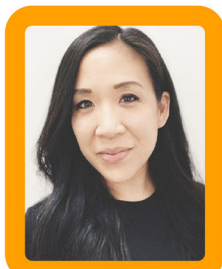
- **Best Helper** -- Person who is always there to lend a hand and/or take a shift if needed – **Dr. Theresa Wu**
- **Congeniality** -- Person that embodies the spirit of our section best for you, always friendly and fun to meet up with – **Dr. Gemma Vomiero**
- **Rookie of the Year** – Most impactful Staff in first 3 years of their PHM career – **Dr. Chris Novak**
- **Still Got It Award** – for the person who has been part of the section “for a while” and still is working on it – **Dr. Michelle Bailey**
- **Dr. House Award** -- Award for best rare/zebra diagnosis – **Dr. Peter Vetere**
- **Dr. Patch Adams Award** – Award for the person who makes you laugh the most – **Dr. Gary Chow**
- **Body Break Award** – Award for the person who best inspires you to get in shape, be active, or in other ways take care of your wellness – **Dr. Laura Davies**



Dr. Laura Davies
“Body Break” Award



Dr. Chris Novak
“Rookie of the Year”



Dr. Theresa Wu
“Best Helper” Award



Dr. Michelle Bailey
“Still Got It” Award



Dr. Gemma Vomiero
“Congeniality” Award



Dr. Gary Chow
“Dr. Patch Adams” Award



Dr. Peter Vetere
“Dr. House” Award

ANNOUNCEMENTS

Seeking Examiners

The Pediatrics Postgraduate Program is seeking



OSCE and STACER examiners for the following sessions:

- Thursday, October 24 | 12:45 - 4:00 PM
STACER
- Thursday, November 7 | 12:45 - 4:30 PM
OSCE
- Thursday, November 21 | 12:45 - 4:30 PM
OSCE
- Thursday, November 28 | 12:30 - 4:00 PM
STACER

No preparation is required- just show up, follow the script, and enjoy an afternoon with learners and colleagues! OSCE/STACER Examiner Remuneration is available to non AMHSP staff at a rate of \$150/hour.

Please contact Pediatric.ResidencyProgram@ahs.ca if you are able to assist on any of the above dates, thank you!

YAHOO!

Join UCalgary at the Calgary Stampede!

Enjoy **20% off** select evening show tickets with code "2024UOFC".



Have news or content that you would like to be featured?

Please send us an email at pediatrics.comms@ucalgary.ca by Tuesday at 11:00 AM for it to be included in that week's issue or the appropriate week's feature. Learn more about each week's themes [here](#).

EVENTS

For all events, please visit the Department of Pediatrics [calendar](#)
All events are in MST (Mountain Standard Time), unless otherwise stated

CUMMING SCHOOL OF MEDICINE

The Office of the Dean invites you to a Stampede BBQ fundraiser!



Join the Cumming School of Medicine as we kick off our 2024 United Way campaign! Come enjoy a lunch fundraiser with live entertainment from the [Calgary Fiddlers Association](#).

Date: Tuesday, July 9, 2024
Time: 11:30 AM to 1:00 PM
Location: Health Research Innovation Centre (HRIC) atrium, Foothills campus
Donation: \$10 BBQ Lunch (includes choice of beef or veggie burger + chips + pop)

Proceeds to [United Way of Calgary and Area](#).

[Register](#)

UPCOMING ROUNDS

Neonatal Grand Rounds

The Neonatal Grand Rounds will not take place during the summer and will resume on September 3, 2024.

Pediatric Grand Rounds

The Pediatric Grand Rounds will not take place during the summer and will resume on September 4, 2024.

CURRENT OPPORTUNITIES

Click on the following positions for complete posting details

Medical Geneticist

- FTE 0.5
- Type: Long-term Locum
- Location: Alberta Children's Hospital
- Start Date: August 1, 2024
- Application Deadline: July 15, 2024 (posting has been extended)

Pediatrician Locum, October Start

- FTE 0.25
- Type: Long-term Locum
- Location: Alberta Children's Hospital
- Start Date: October 1, 2024
- Application Deadline: July 16, 2024 (posting has been extended)

Pediatrician Locum

- FTE 0.25
- Type: Long-term Locum
- Location: Alberta Children's Hospital
- Start Date: August 12, 2024
- Application Deadline: July 16, 2024 (posting has been extended)

Pediatric Respirologist FFS

- FTE 1.0
- Type: Full-time Practice
- Location: Alberta Children's Hospital
- Start Date: November 1, 2024
- Application Deadline: July 23, 2024

Newborn Critical Care Site Lead

- FTE 0.1
- Type: Part-time Practice
- Location: Rockyview General Hospital

- Start Date: September 1, 2024
- Application Deadline: July 31, 2024

Newborn Critical Care Clinical Associate

- FTE: 1.0 (may be filled by more than one physician)
- Type: Part-time Practice
- Location: Foothills Medical Centre and all other NICU sites
- Application Deadline: Open until a suitable candidate is found

Chair, Department of Pediatrics, University of Alberta

- Location: Edmonton, Alberta
- Application Deadline: Open until a suitable candidate is found
- If you are interested in learning more contact [Dr. Tom Stelfox](#) (Deputy Dean Faculty of Medicine and Dentistry, University of Alberta) for more information

Explore these other job boards for more current opportunities with our department, the Cumming School of Medicine at the University of Calgary and Alberta Health Services below.

[UCalgary Careers](#)

[Doctor Jobs Alberta](#)

Contact pediatrics.comms@ucalgary.ca with questions or if you have content to contribute.

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