

#### **DEPARTMENT OF PEDIATRICS**

**DECEMBER 19, 2024** 

# **WEEKLY BULLETIN**

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#### **Weekly Bulletin Archive**

Check out the Department of Pediatrics past Weekly Bulletins on our website by pressing here.

#### PROFESSIONAL DEVELOPMENT FEATURE



#### **Happy Holidays from the Department of Pediatrics**



As we enter the holiday season, we want to send an enormous thank you to each and every one of our incredible Department members!



We want to express our immense gratitude for your continued commitment to excellence and unwavering dedication to our patients and families - and each other - over this past year.

On behalf of the Department of Pediatrics, we wish you a safe and happy holiday season, and we hope the weeks ahead bring you much joy and well-deserved rest.

There will not be any more Weekly Bulletins for the rest of the year. Thank you to everyone who has been reading, we will resume with the regular schedule in January!

Happy Holidays to all and see you in the new year!

#### **Days of Significance**

The EDI committee acknowledges the Days of Significance as highlighted in the PESJO calendar. We will be featuring department members who celebrate various days of significance in ongoing monthly newsletters.

This month's Day of Significance is Hanukkah. Thank you, Drs. Jennifer Thull-Freedman and Stephen Freedman for sharing what this means to you both! If you have a Day of Significance that you or one of your colleagues celebrates please get in touch! We would love to learn more and share with our Department of Pediatrics community!



#### Hanukkah | Another Festival of Lights!

This year, Jewish members of our department will celebrate Hanukkah for 8 nights beginning December 25. The dates of Jewish holidays vary according to a lunisolar calendar, and this year Hanukkah actually begins on Christmas day. We asked Drs. Jennifer Thull-Freedman and Stephen Freedman to share their thoughts about the holiday.

#### What is Hanukkah and what does it mean to you?

Hanukkah commemorates reclaiming the Jewish temple in Jerusalem in 164 BCE. After the temple was captured and desecrated and Judaism was banned, the temple was finally reclaimed by brave Jews who fought against forced assimilation. Legend

says that when they re-entered the temple, they only had enough oil to light the menorah for one night, but religious law required the menorah to remain lit. Miraculously, the oil lasted eight nights until new oil was ready. This is why the holiday involves lighting a menorah for eight nights. The western wall of the temple still stands today and is central to the Jewish religion and culture. Hanukkah celebrates the survival of the Jewish people across millennia, through hardship and joy.

#### What might surprise people?

Hanukkah isn't a major religious holiday for Jews, though it has gained visibility in Christian-majority countries due to its proximity to Christmas. The inspirational message of survival has also resonated in modern times. While Hanukkah involves gift-giving, gifts are typically small and child-focused (but this doesn't stop the grandparents in our multicultural family from trying to show that their holiday is the best!).

#### How do you celebrate Hanukkah?

We light a menorah in a traditional way, adding one candle each night, culminating with all eight candles plus the "helper" (shamash) candle being lit on the last night. We create a warm and festive atmosphere with a few decorations, listen to traditional and contemporary Jewish music, enjoy oil-based foods like fried potato latkes (yummy with applesauce or sour cream!), and usually have an evening where our friends of all religions come to our home with their families to celebrate with us. Some families play a game of spinning a top called a dreidel that is adorned with Hebrew letters signifying, "A great miracle happened there."

#### How can DoP members show support?

Saying "Happy Hanukkah" and asking about the holiday are great ways to connect. And it's always nice when people know that Hanukkah isn't just a Jewish version of Christmas!

#### The Thrive Home Podcast



Welcome to the debut episode of The Thrive Home – a fresh, inspiring, and insightful new podcast from the Department of Pediatrics at Alberta Children's Hospital. Join hosts Dr. Preet Sandhu, a hospital pediatrician, and Dr. Sarah Tougas, a fourth-year general pediatrics resident, as they dive into thoughtful conversations that celebrate growth, learning, and thriving together.

In this very special first episode, Dr. Antonia Stang, an emergency room pediatrician and current department head, takes center stage. She shares exclusive insights into the department's bold new strategic plan, offering a behind-the-scenes look at the vision for the future. Listeners will discover how leadership, collaboration, and a shared purpose are driving change, and what this means for the future of pediatric care.

**Spotify** 

**Apple Podcast** 

**Amazon Music** 



## Professionals Engaging with Purpose Program (PEPP)

The Department of Pediatrics (DoP) has softlaunched a novel faculty development program in phases that is individual-centric, targeting professional development needs across a spectrum of career paths and settings, and over the entire professional trajectory in order to maximize the vitality of the DoP faculty. In the Professionals Engaging with Purpose Program, careers are cultivated through reflective planning, development resource identification and access, and a network of career development support that is embedded in our Departmental culture.

**Learn More Here** 





#### THE WHOLE ENCHILADA IN 2025

- Monthly Faculty Development Workshops
- Quarterly networking events
- Mentoring program

#### Core Curriculum Workshops

- Jan 21 Affirmation of Professional Calling
- Feb 24 Professional Development Plan
- Mar 28 Building Mentoring Relationships
- Apr 21 TBA
- **May 27** TBA
- **Jun 16** TBA

#### Powered by PEPP:

Sign up and questions: PediatricPEPP@ahs.ca

\*Professionals Engaging with Purpose Program

# Join PEPP's Reflective Career Planning



# FOR ALL CAREER STAGES AND CAREER PATHS

A **2-step** process to identify what is fulfilling, clarify your goals, and craft your career.

Email PediatricPEPP@ahs.ca to signup and for questions

## or Reaffirm yo

Find, Revise or Reaffirm your Calling at the

Affirmation of Professional
Calling Workshop

January 21, 2025 | 8:30 AM - 11:30 AM

2

Align Your Activities + Craft Your Career at the

Professional Development Plan Workshop

February 24, 2025 | 1:00 PM - 4:00 PM

#### **DEPARTMENT HIGHLIGHTS**



#### Thank You to the Awards and Recognition Committee and PAAC

The Awards and Recognition Committee and the Professional Affairs Advisory Committee (PAAC) have been absorbed into other existing committees. We are deeply grateful for the incredible dedication, hard work, and impact these committees have made.

Moving forward, their responsibilities will be carried on by the Wellness and Culture

and EDI Committees, which will build on the strong foundation they have established.

Thank you once again to all the past members for your invaluable contributions.

### Professional Affairs Advisory Committee (PAAC) Committee

- Dr. Chris Andrews
- Dr. Julie Fisher
- Dr. Leonora Hendson
- Dr. Christine Kennedy
- Dr. Susan Kuhn
- Dr. Catherine Macneil
- Dr. Leanne Morris
- Dr. Sidney Nesbitt
- Dr. Pam Veale

#### **Awards + Recognition Committee**

- Dr. JP Appendino
- Dr. Elsa Fiedrich
- Dr. Essa Al Awad
- Dr. Kim Myers
- Dr. Susan Kuhn



#### **Happy Holidays from Project Outreach**

As 2024 comes to a close we are forever thankful for living in Canada. With parts of the world at war, so many are faced with food, health, and safety insecurity. Thanks to your support Project Outreach has had a very successful year.

After our visit to the Phan Chau Trinh Medical School and Research Centre(PCTU) in 2023, Project Outreach sponsored 2 senior medical students to spend a one-month clinical experience at the Alberta Children's Hospital. The students were able to spend time with our colleagues in the medical areas of interest to them. Our doctors and nurses at Alberta Children's Hospital found the experience an incredible opportunity to connect cross-culturally with medical students from outside North American training programs. To the students, it has made a significant impact on their career path and their future patients.

Education has long been the foundation of Project Outreach, so we were excited when invited to help enhance the role of Simulation in Medical Education in VietNam. In September we, along with HealthcareSIM Dynamics provided an intensive weeklong seminar in The Fundamentals of Simulation-Based Learning in Medicine. The program took place at PCTU. We had 40 faculty participants from medicine, nursing, and allied health care. It was extremely well received and we will be returning again in 2025!











Project Outreach wishes to thank our Pediatric Team at ACH for their gift of time, teaching and incredible support of our 2 Vietnamese medical students; specifically Drs. Leanna McKenzie, Scott McLeod, Paul Doherty, Duncan Donovan, Simone Kortbeek, Jaclyn Strauss, and Mike Friesen. The knowledge gained by our colleagues and medical students in Vietnam has impacted the way future healthcare providers learn and ultimately care for their patients.

May this season bring you together with family and friends, sharing laughter, love and compassion. We thank you for your support and belief in Project Outreach.

#### **Ruth Connors MD FRCPC**

Chair Project Outreach International Child Health Society www.projectoutreachcalgary.ca





Calgary Flames and Wranglers' Comfort Cart Visit

The Calgary Flames and Wranglers come to the ACH with the Comfort Cart 2 weeks ago. The parents and pediatric patients were tickled – it was very exciting for them and staff!

Watch the video here

2024 O'Brien Institute Awards Recipients - Dr. Stephan Freedman

Our department member Dr. Stephan Freedman



recently was one of the few O'Brien Institute for Public Health members are being recognized for their exceptional contributions to public health research, leadership, and service. These awards highlight their dedication to advancing public health at all stages of their careers, with a focus on creating meaningful change in population health and healthcare.

Congratulations Dr. Freedman!

Learn more here

#### **ANNOUNCEMENTS**

# **SickKids**

### Calling all child health leaders and administrators | Quality Indicators for Transition Care

Participate in three online sessions consisting of two surveys and a discussion board over a sixweek period to help establish a key set of quality indicators that are important to young people and caregivers and applicable and adaptable in all health settings. All participants will receive compensation.

To learn more about the study, contact qualityindicators.transition@sickkids.ca

Learn more here

# CSM TEP





FROM THE OFFICE OF FACULTY DEVELOPMENT



#### **CSM TEP - TEACHING EXCELLENCE PROGRAM - Apply Today!**

Are you ready to elevate your teaching skills and join a cohort of educators committed to excellence in medical education? The Office of Faculty Development (OFD) is thrilled to invite passionate educators from the Cumming School of Medicine (CSM) to apply for the Cumming School of Medicine Teaching Excellence Program (CSM TEP) - a transformative experience designed to empower educators at every stage of their journey.

TRACK I: Teaching Fundamentals - For novice educators or those looking to refresh fundamental teaching skills

TRACK II: Advancing Educators - For educators transitioning from novice to expert

TRACK III: Teacher Leadership - For educators advancing into leadership roles

Applications are now being accepted for TRACK I: Teaching Fundamentals!

Deadline to apply is **December 20, 2024**.



#### Hello from the Gen Peds Residency team!

It's CaRMS time once again and there are opportunities to be involved with the search and selection of our incoming PGY1 Pediatric residents. We are in need of both file reviewers and interviewers. We hope that you will consider signing up for this opportunity. Please note that CaRMS 2025 will again be a virtual format.

#### December 4-20, 2024 File Reviews:

File reviews will be done on your own time and each reviewer is usually assigned 8-10 files which should take approximately 3-4 hours total.

#### January 20-24, 2025 CaRMS Interviews:

Interviews will be conducted via Zoom from 8:00 AM - 5:00 PM, Monday to Friday during CaRMS Interview Week. Timeslots are either the full day (8:00 AM - 5:00 PM) or half day (Morning Slot 8:00 AM - 12:00 PM, Afternoon Slot 1:00 PM - 5:00 PM)

Separate orientation sessions will be offered for file reviewers and interviewers before the start of file review and/or interview weeks.

\*Rachel will provide dates/times of these sessions when you sign up as a file reviewer and/or interviewer.

If you are able to help out, please contact Rachel Chow
If you have additional questions, please contact Amelie Stritzke

Interacting with the prospective trainees and learning more about their aspirations for a future in Pediatrics is both inspiring and rewarding. This is a great opportunity to have an impact on who your future colleagues will be.

Thank you for your participation!



#### **Seeking Examiners**

The Pediatrics Postgraduate Program is seeking OSCE and STACER examiners for the following session:

 Thursday, January 9, 2025 | 12:30 – 4:00 PM STACER

No preparation is required- just show up, follow the script, and enjoy an afternoon with learners and colleagues! OSCE/STACER Examiner Remuneration is available to non AMHSP staff at a rate of \$150/hour.

Please contact Pediatric.ResidencyProgram@ahs.ca if you are able to assist on any of the above dates, thank you!

#### Have news or content that you would like to be featured?

Please send us an email at **pediatrics.comms@ucalgary.ca** by Tuesday at 11:00 AM for it to be included in that week's issue or the appropriate week's feature. Learn more about each week's themes **here**.

#### **EVENTS**

For all events, please visit the Department of Pediatrics calendar

All events are in MST (Mountain Standard Time), unless otherwise stated



#### The Pediatric Infectious Disease Conference

The Pediatric Infectious Disease Conference will take place from February 7-9 2025, at the Fairmont Banff Springs. Registration is open for our 33rd annual conference: all sessions are tailored to clinicians encountering infectious diseases in practice and are engaging and interactive. We strive for a collegial and responsive environment with faculty and participants and have a remarkable venue to host us and social events you will not want to miss!

Please register and book your hotel early as we have sold out of rooms in the past few years.

Learn More and Register Here

#### **UPCOMING ROUNDS**

#### **Neonatal Rounds**

The Neonatal Rounds will resume on Tuesday January 7, 2025.

#### **Pediatric Grand Rounds**

The Grand Rounds will resume on Wednesday January 8, 2025.

#### **Grand Rounds Recordings**

Check out the Grand Rounds page on our website for previous Grand Rounds presentations **here**.

#### **CURRENT OPPORTUNITIES**

Click on the following positions for complete posting details

#### Pediatrician, Vascular Anomalies Clinic (NEW)

• FTE: 0.05

• Type: Short-term Locum

• Location: Alberta Children's Hospital

• Application Deadline: December 30, 2024

#### Pediatrician, Cleft Palate Clinic (NEW)

• FTE: 0.05

• Type: Short-term Locum

• Location: Alberta Children's Hospital

• Application Deadline: December 30, 2024

#### **Community Pediatrician or Pediatric Subspecialist**

- FTE 0.2-1.0 (Flexible opportunities) Mon-Fri
- Type: Part-time to Full Time Practice
- Location: Kiwi Pediatrics (Community Clinic in SE Calgary)
- Application Deadline: December 31, 2024 (or until space is filled)
- If interested, see posting on Cherry Health (ca.cherry.health) for more details or contact Dr. Dan Ross at dan.ross@albertahealthservices.ca

#### Pediatric Endocrinologist Locum (NEW)

- FTE: 1.0
- Type: Long-term Locum
- Location: Alberta Children's HospitalApplication Deadline: January 6, 2025

#### 2025 Aisha Rea Clinical Research Fellowship

- FTE: 1.0
- Type: Subspecialty Fellowship
- Location: Alberta Children's Hospital
- Application Deadline: January 20, 2025

#### Rheumatology - AMHSP Clinician (NEW)

- FTE: 1.0
- Type: Full-time
- Location: Alberta Children's Hospital
- Application Deadline: January 31, 2025

#### **AMHSP Clinician - Infectious Diseases (NEW)**

- FTE: 1.0
- Type: Full-time
- Location: Alberta Children's Hospital
- Application Deadline: January 31, 2025

#### **Community Pediatrician or Pediatric Subspecialist**

- FTE 0.2-1.0 (Flexible opportunities) Mon-Fri
- Type: Part-time to Full Time Practice
- Location: Sunnyhill Pediatric Clinic, located in University District NW Calgary, steps from the Alberta Children's Hospital
- Application Deadline: January 31, 2025 (or until space is filled)
- If interested, please inquire by contacting Dr. Robert (Bobby) Shyleyko at robert.shyleyko@albertahealthservices.ca

#### **Community Pediatrician or Pediatric Subspecialist**

- FTE 0.2-1.0 Mon-Fri
- Type: Part-time to Full Time or Locum
- Location: MyKidz Pediatric Clinic locations in the Northeast (NE) and Southeast (SE) quadrants of Calgary, Alberta.
- Application Open until space is filled
- For more information email info@mykidz.ca or contact Paul Galang at paul@sleepconsultants.ca

#### **Community Pediatrician or Pediatric Subspecialist**

- FTE 0.2-1.0 Mon-Fri
- Type: Part-time to Full Time Consultant Based Practice

- Location: Sage Fox Medical Consultants L100 8555 Scurfield Drive NW
- Application Open until space is filled
- For more information see our website or contact Dr. Katie Doherty at drdoherty@sagefoxmedical.ca

#### **Newborn Critical Care Clinical Associate**

- FTE: 1.0 (may be filled by more than one physician)
- Type: Part-time
- Location: Foothills Medical Centre and all other NICU sites
- Application Deadline: Open until a suitable candidate is found

Explore these other job boards for more current opportunities with our department, the Cumming School of Medicine at the University of Calgary and Alberta Health Services below.

**UCalgary Careers** 

**Doctor Jobs Alberta** 

### Contact pediatrics.comms@ucalgary.ca with questions or if you have content to contribute.

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