

## Resident Research Course Requirements and Expectations

Contact: [achresearchcourse@ahs.ca](mailto:achresearchcourse@ahs.ca)

Website: <https://cumming.ucalgary.ca/departments/pediatrics/education-training/resident-and-fellows-research-course>

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### Why have a research course for post-graduate medical trainees?

Research brings discovery and allows us to apply the best evidence into our clinical care. Our aim is to share an understanding of the many roles research plays in the career of a physician. Understanding how evidence is generated, the skillset to interpret it and the ability to translate it into clinical practice is essential for all physicians. From this, some will initiate or grow an interest in conducting research of their own, creating new and exciting elements of their future career and advancing the field of medicine. Others will implement best practices using quality improvement methods. Regardless of your past experiences, relative interest in research, specialty, or future aspirations, this course will optimize your ability to integrate the power of research into your practice. We strongly encourage all residents to choose their project carefully as this is meant to be part of your residency training. The research requirement may be met by a wide variety of project types, including quantitative and qualitative research as well as quality improvement projects.

In the research course, participants will:

- Feel supported in starting a successful academic project and developing confidence in knowing how to complete it
- Understand enough about research and QI to critically appraise evidence and apply it to clinical care, plan a straightforward project, and share learnings
- Learn what's fun and rewarding about academic medicine and receive guidance in taking further steps when desired

### What is the Resident Research Course?

This is a 4-week course that is designed to teach you the fundamentals of developing and conducting a research study. The course consists of a combination of didactic lectures and small group workshops. Topics covered will include:



- Defining your research question or project aim
- Choosing the appropriate study design
- Searching the medical literature
- Defining your hypotheses, objectives and outcome measures
- Refining your methods
- Analyzing your data – an introduction to biostatistics
- Research Ethics
- Overview of the application process for scientific and ethical review
- Quality improvement project design and analysis
- Systematic Review/Meta-Analysis

Throughout the 4-week course, you will take an idea for a research project and develop a proposal. There will be ample time set aside for independent work to ensure that you make progress on your project!

### When is the course?

October 20 to November 16, 2025 (Block 5)

**SCHEDULE:** The final schedule will be distributed shortly before the course begins. Please note that we make every effort to give the lectures in a specific sequence and give ample time for work on your project, however, we also need to work around the busy schedules of physicians and researchers and sometimes changes happen that are beyond our control. If changes occur last minute, we will notify everyone as soon as possible.

**ABSENCES:** We would advise against taking vacation time during this block as you will find it difficult to complete the required course work. If you absolutely require time off, please seek approval through your program director and then let the Research Coordinators know. All assignments are still due on time even if you are absent.

### What do I need to do to prepare for the course?

Prior to the start of the course, it is essential that you identify a supervisor and develop a rough idea for a project. **It is crucial that you have defined a preliminary question by the beginning of the course.** Please discuss with either your Program Director or your Scholarly Oversight Committee potential appropriate supervisors. During the initial months of your residency, we advise you to book appointments with a couple of potential supervisors to discuss possible research ideas. **You will be required to submit the Intake Form that includes the name of your supervisor, area of investigation, and question by October 1, 2025 to the course coordinators:** [achresearchcourse@ahs.com](mailto:achresearchcourse@ahs.com)

### Course Requirements

Each week during the course, a portion of the research proposal will be due in order to track each resident's progress as well to allow for Small Group Leaders and Supervisors to give feedback. This



will culminate in the submission of a full research proposal at the end of the course after the poster presentation on Research Day. Please see the table below for timelines and assignments:

DUE DATE	TASK	DETAILS
<b>October 1, 2025</b>	<u>Intake Form</u>	Email to Course Coordinators: <a href="mailto:achresearchcourse@ahs.ca">achresearchcourse@ahs.ca</a>
<b>October 27, 2025 by 17:00</b>	<u>Assignment 1</u> <ul style="list-style-type: none"> <li>Email to Small Group Preceptors, Supervisor and Course Coordinator</li> </ul>	<ul style="list-style-type: none"> <li>Research Question/Project Aim (revised if needed)</li> <li>Hypothesis</li> <li>Objectives</li> </ul>
<b>November 3, 2025</b>	<u>TCPS2 Ethics Certificate</u> <ul style="list-style-type: none"> <li>Online ethics tutorial that takes approximately 3 hours to complete</li> </ul>	<ul style="list-style-type: none"> <li>Submit completion certificate prior to Ethical Issues lecture on Nov 4<sup>th</sup> to Course Coordinators</li> </ul>
<b>November 3, 2025 by 17:00</b>	<u>Assignment 2</u> <ul style="list-style-type: none"> <li>Email to Small Group Preceptors, Supervisor and Course Coordinator</li> </ul>	<ul style="list-style-type: none"> <li>Background</li> <li>Methods</li> <li>Outcome Measures</li> </ul>
<b>November 5, 2025 by 08:30</b>	<u>Poster title</u> due from all residents presenting on Research Day	Email to Course Coordinators: <ul style="list-style-type: none"> <li><a href="mailto:achresearchcourse@ahs.ca">achresearchcourse@ahs.ca</a></li> </ul>
<b>November 10, 2025 by 17:00</b>	<u>Assignment 3</u> Email to Small Group Preceptors, Supervisor and Course Coordinator	<ul style="list-style-type: none"> <li>Sample Size considerations</li> <li>Statistical Analysis</li> </ul>
<b>November 12, 2025 by 08:30</b>	<u>Final Digital Poster</u> (Course Participants and Senior Residents) Email to Course Coordinator	<ul style="list-style-type: none"> <li>Details regarding dimensions etc. will be distributed during the course</li> </ul>
<b>November 14, 2025 by 17:00</b>	<u>Completed Research Proposal</u> <ul style="list-style-type: none"> <li>Email to Small Group Preceptors, Supervisor and Course Coordinator</li> </ul> <u>Application for Small Research Grant</u>	<ul style="list-style-type: none"> <li>Research Proposal ready for submission to ethics board/scientific review (or ARECCI review/REB exemption for QI)</li> <li>Include application with your completed Research Proposal</li> </ul>
<b>March 1, 2027 (as per the SOC document)</b>	Ethics submission deadline for General Pediatric R1 Residents	<ul style="list-style-type: none"> <li>Submit ethics application through IRISS /ARECCI for QI</li> </ul>

### What expectations does the Research Course have of residents?

All pediatric residents beginning their training on or after July 1, 2025, are expected to complete a research project during their training. Scholarly projects in other academic areas such as quality improvement may also meet this requirement. The expectations relating to research are as follows:

- R1 year: Each resident will participate in the resident research course and will complete



all the course assignments. The assignments will consist of weekly reading, small group presentations, and an end-of-course poster presentation of your proposed research protocol. **General Pediatric Residents** are also required to submit a completed research proposal (including the application for scientific and ethical review) by March of their R2 year.

- R2 year: Residents will be encouraged to conduct their research throughout this year. All R2s will be required to present their research progress at the annual Pediatrics Research Day at ACH. At the R2 level, a poster presentation will be required for this research day (completed work may be presented in oral format\*).
- R3 year: Residents will be encouraged to complete their research projects by the end of their third year. All R3s will be required to present their research progress at the annual Pediatrics Research Day (either a poster presentation or oral format\*). Residents who have completed a quality improvement project will also be given an opportunity to present their work (either poster or oral format\*) at the annual ACH Quality Forum.
- R4 year: Residents will need to submit an abstract

Subspecialty Pediatric and Adult residents have requirements specific to their individual training programs. These requirements should be discussed with your program director in advance of you formulating your research question/project as the specifications and timelines may vary with each program. Sub-specialty residents who have completed the Research Course in their first year of training are welcome to present at the annual Research day (either a poster presentation or oral format\*) but are not required to. Residents who have completed a quality improvement project related to child health will also be given an opportunity to present their work (either poster or oral format\*) at the annual ACH Quality Forum.

\*- Oral presentations will be determined through an abstract competition

## Course Completion Requisites

- Completion and submission of the following:
  - TCPS2 Ethics Certificate
  - Assignments 1, 2, and 3
  - Final Project
- Attendance of at least 80% of lectures and recorded in One45 (absences should be pre- approved or notify the course coordinators of any illnesses the day of).
- Attending and presenting on Research Day

## Resources

### Libraries

- AHS library: <https://krs.libguides.com/home>
- UofC Library: <https://library.ucalgary.ca/>

### Textbooks

- [The Research Guide](#)

### Reference Survey Methodology



- [Don Dillman's Guiding Principles for Mail and Internet Surveys](#)
- [Administering, analyzing, and reporting your questionnaire](#)
- [Reaching beyond the white middle classes](#)
- [Hands-on guide to questionnaire research selecting, designing, and developing your questionnaire](#)

#### Other Research Methodology Links

- [Research Design: Qualitative, Quantitative and Mixed Methods Approaches](#)

#### Quality Improvement References

- [Institute for Healthcare Improvement: QI Essentials Toolkit](#)
- [Institute for Healthcare Improvement: How to Improve](#)

#### Examples of Successful Grants

- [CHEO RI Grant](#)
- [Group RCT Grant](#)
- [ETCo2- Dehydration](#)



#### Confused? Concerned? Questions?

Please send all inquiries to [achresearchcourse@ahs.ca](mailto:achresearchcourse@ahs.ca) or email one of the below course committee coordinators or members.

<b>Course Coordinators:</b>	Jolene Haddad	<a href="mailto:Jolene.haddad@ahs.ca">Jolene.haddad@ahs.ca</a> Ph: 587-943-2605
	Breanne Steele	<a href="mailto:Breanne.steele@ahs.ca">Breanne.steele@ahs.ca</a> Ph: 403-955-3019
<b>Course Committee Members:</b>	Jennifer Thull-Freedman	<a href="mailto:Jennifer.thull-freedman@ahs.ca">Jennifer.thull-freedman@ahs.ca</a>
	Serena Orr	<a href="mailto:Serena.orr@ahs.ca">Serena.orr@ahs.ca</a>
	Gerry Giesbrecht	<a href="mailto:ggiesbre@ucalgary.ca">ggiesbre@ucalgary.ca</a>