

10 THINGS

YOU NEED TO KNOW ABOUT
THE UNIVERSITY OF CALGARY'S

SEXUAL and GENDER-BASED VIOLENCE PREVENTION and SUPPORT OFFICE

1. We support all UCalgary community members: students, staff, and faculty.

2. We work with all forms of sexual & gender-based violence.

Sexual and gender-based violence includes sexual violence, but it also includes domestic violence, stalking, non-consensual condom removal, sexuality or gender-based harassment, and the non-consensual posting of intimate images. The SGBVP+SO is here to support anyone who has been impacted by these issues.

3. We support a number of different needs, from providing crisis intervention and response through to offering information, support, as well as on- and off-campus referrals.

4. We provide more services than people realize!

The SGBVP+SO provides community members with support (including supportive counselling and psychoeducation), safety planning, systems navigation and support through processes, discussion to ensure an understanding of all reporting and rights available, confidential consultation, assistance in accessing both on- and off-campus resources, and arranging workplace, living or academic accommodations.

5. We support choices, we never direct them.

Not everyone wants the same things after experiencing sexual and gender-based violence. This office respects the choices that community members make around the support they receive and what comes next.

6. We support supporters too!

This office provides support to those who have directly experienced sexual and gender-based violence, but also community members who have questions about SGBV and people who are supporting others with experiences of SGBV. Questions, debriefing, and consultation are welcome!

7. We work with other services to provide wraparound support.

The SGBVP+SO can connect with other resources on campus to provide soft referrals, accompaniment to meetings or reporting, create nuanced safety plans and coordinate service delivery.

8. We can help with (but don't take) formal reports.

The SGBVP+SO is here to support community members with disclosures of sexual violence and does not take reports. While this office supports students, staff and faculty who would like to report with advocacy, systems navigation, and accompaniment, they always respect the choices around reporting and support that individuals make for themselves.

9. We can help support academic, housing, and workplace accommodations.

We know that sexual and gender-based violence can impact one's ability to thrive at work and at school. Our office can provide support with workplace or academic accommodations. We understand that if violence is happening in one's home, support may be needed to find new accommodations. This is something we can help support: whether someone is needing to find new accommodations within residence, find space in a domestic violence shelter or be connected to resources for housing off-campus.

10. The SGBVP+SO offers education to the university community.

The SGBVP+SO regularly offers workshops and trainings to the university community, such as "Responding to Disclosures of Sexual and Gender-Based Violence", "Consent and Boundary Basics", "First Responders to Disclosures of Sexual Abuse and Assault Training™" and "EmpowerU: Self-Defense for Everyone".



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Get more information about
the SGBVP+SO

