

SEXUAL VIOLENCE AWARENESS MONTH | MAY 2025

SEXUAL VIOLENCE and COMEDY

SAMPLE MEDIA LIST

IN THIS DOCUMENT

<u>A NOTE FROM THIS MONTH'S FACILITATORS</u>	<u>PAGE 3</u>
<u>RESOURCES TO SUPPORT YOURSELVES and OTHERS</u>	<u>PAGE 4</u>
<u>COMEDY ABOUT SEXUAL VIOLENCE</u>	<u>PAGE 5</u>
<u>COMMENTARY ABOUT COMEDY ABOUT SEXUAL VIOLENCE</u>	<u>PAGE 6</u>
<u>THANK YOU FOR YOUR ENGAGEMENT</u>	<u>PAGE 7</u>

A NOTE FROM THIS MONTH'S FACILITATORS

It's probably safe to assume that most of us have heard that there's nothing funny about rape, and, therefore, by extension, there's nothing funny about sexual violence. We agree. There is nothing funny about people sexually violating others.

So, why take up comedy about sexual violence?

The short answer is that we want to learn more about how and what we can do about sexual violence, together. Laughter is an expression and an experience that can bring us together. We think there is much to learn from the wisdom of other approaches and experiences that can deepen our work in preventing, intervening, and responding to sexual violence. Comedy can offer us new ways to look at the world, our work, and ourselves, and playfully lowers our guards in the process.

If you feel hesitation or anxiety about exploring jokes about sexual violence, we do too! But, we're doing it still because we are confident that we can do it with care and consideration—and that it will be a powerful learning opportunity for those who choose to share in this with us.

RESOURCES TO SUPPORT YOURSELVES and OTHERS

Please use THIS GIF as a way to help regulate your breathing, if, at any point, you find yourself feeling out of sorts.

(Link to the GIF: <https://giphy.com/gifs/help-satisfying-breathe-krP2NRkLqnKEg>)

Often just contemplating let alone engaging with material of this nature can prompt myriad emotional and physiological responses. Please know this is very normal, and that there are on and off campus resources that you are invited to access to help you make (more) sense of things, help answer questions, connect you with further resources, and/or provide crisis support.

Some other great **GROUNDING RESOURCES** can be found [here](#) and [here](#) and [here](#) and [here](#).

- You can reach out to **Alberta's One Line for Sexual Violence Information and Support**. The number is **1-866-403-8000**. This is a 24-hour line that you can use to text/chat and/or to call to speak with specialized and sexual violence support workers who can also offer local and regional resources across Alberta. Click here to learn more: <https://aasas.ca/get-support/>
- On campus, reach out to UC's **Sexual and Gender-Based Violence Prevention and Support Office** and confidentially connect with the experienced, skilled, and thoughtful team who can offer everything from crisis intervention through to providing referrals. They can also help you confidentially navigate resources, discuss options (including, but not limited to reporting), and offer support through various processes. Click here to find out more: <https://bit.ly/UCSVsupport>
- Explore UC's beautiful guide for **Responding to Disclosures of Sexual and Gender-Based Violence**, full of information about: consent, referrals, and reporting; things to say and consider when providing support and checking in, about confidentiality; as well as a sizeable resource appendix.
- **Calgary Communities Against Sexual Abuse (CCASA)** is the primary sexual assault and sexual abuse crisis and education service provider for Calgary and surrounding areas. Learn more about CCASA and connect with them by going here: <https://calgarycasa.com/>

COMEDY ABOUT SEXUAL VIOLENCE

COMEDY ABOUT SEXUAL VIOLENCE				
Title of Piece (in alphabetical order)	Artist Group Location Author	Find It Here	Year	Length
A #MeToo Thanksgiving Full Frontal on TBS	Samantha Bee, Full Frontal	YouTube	2019	6m27s
Football Town Nights' Sketch: 'Inside Amy Schumer'	Amy Schumer, Inside Amy Shumer	The Hollywood Reporter	2015	5m24s
Hampton Yount - Online Dating (Stand Up Comedy)	Hampton Yount, Laugh Factory	YouTube	2015	2m22s
Here's Your Rape	Ever Mainard, Chicago Underground	YouTube	2017	2m55s
It's Always Sunny in Philadelphia - The "Implication"	It's Always Sunny in Philidelphia	YouTube	2013	1m57s
Jena Friedman: Treat Nazis Like You Treat Women CONAN on TBS	Jena Friedman, Conan	YouTube	2018	5m54s
Nanette (Hannah Gadsby)	Hannah Gadsby, Netflix	Netflix	2018	1h9m
Norm Macdonald on Bill Cosby	Norm MacDonald, Comedians in Cars Getting Coffee	YouTube	2017	37s
Rape is Real & Everywhere: Red Flags and Stealthing	Em Cooper	YouTube	2019	9m13s
Rape Jokes (Cameron Esposito)	Cameron Esposito, Her Website	Vulture	2018	1h1m
Sam Morril jokes about dating & the MeToo movement	Sam Morril, Comedy Central	YouTube	2020	9m38s
Unfounded (Sketches - Season 3, Baroness Von Sketch Show)	Baroness Von Sketch Show, CBC	CBC	2018	3m54s
Wanda Sykes - Sick and Tired - Detachable Vagina	Wanda Sykes	YouTube	2007	5m14s
What You Didn't Know About Diddy	Josh Johnson, Funny Bone	YouTube	2024	17m11s
Workplace Sexual Harassment: Last Week Tonight with John Oliver (HBO)	John Oliver, Last Week Tonight	YouTube	2018	28m4s
X (Daniel Sloss)	Daniel Sloss, Enmore Theatre	HBO, Crave	2019	1h28m

COMMENTARY ABOUT COMEDY ABOUT SEXUAL VIOLENCE

COMMENTARY ABOUT COMEDY ABOUT SEXUAL VIOLENCE				
Title of Piece (in alphabetical order)	Artist Group Location Author	Find It Here	Year	Length
Anatomy of a Successful Rape Joke	Jessica Valenti	The Nation	2017	5m12s
Comedian Jim Norton Debates Feminist Lindy West on Offensive Comedy (Full Debate)	Totally Biased w. Kamau Bell	YouTube	2018	
Comedy in the Era of #MeToo: Masking and Unmasking Sexual Misconduct in Stand-Up Comedy	Patricia A. Oppliger & Eric Shouse	The Dark Side of Stand-Up Comedy	2013	
Female Comics Take On The Rape Joke	New York Times (video)	YouTube	2016	16m18s
How to Make a Rape Joke	Lindy West	Jezebel	2012	
I Always Find a Way to Make the Hard Stuff Funny'	Em Cooper	The Tyee	2018	
If Rape Jokes are Finally Funny It's Because They're Targeting Rape Culture	Rebecca Solnit	The Guardian	2015	
Nanette,' 'Rape Jokes,' and What Happens When a Comedy Critique Goes Viral	Alison Herman	The Ringer	2020	
Rape Joke	Patricia Lockwood	Studies in Gender and Sexuality	2020	
Rape Jokes: Laugh Till You Cry	Virginia Goldner	Studies in Gender and Sexuality	2017	
Sexual Violence in Testimonial Stand-Up Comedy: A Case Study of Rape is Real and Everywhere	Melanie Proulx	The Forgotten Victims of Sexual Violence in Film	2017	
The Ethics of "Rape Jokes"	Cait Hogan	The Dark Side of Stand-Up Comedy	2017	
The Trouble With Rape Jokes and 3 Tips for Surviving Them	Sarah Ogden Trotta	everydayfeminism.com	2010	
This is Why Sexist Jokes are Dangerous	Jane Gilmore	The Sydney Morning Herald	2019	
What If We Responded to Sexual Assault by Limiting Men's Freedoms Like We Limit Women's?	Amanda Taub	Thought.is	2012	
Who Gets to Tell a Rape Joke?	Molly Mulshine	Elle	2018	

THANK YOU FOR YOUR ENGAGEMENT!

Please explore learning opportunities this month by visiting here:

<https://cumming.ucalgary.ca/office/ofd/faculty-resources/sexual-violence-education/sexual-violence-education>