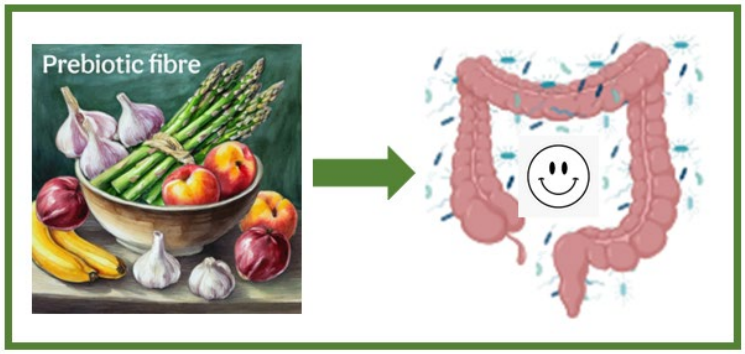
UNIVERSITY OF CALGARY

PARTICIPANTS NEEDED

For study investigating prebiotic fibre and type 1 diabetes

Can taking a prebiotic fibre supplement result in:

- **Better "time in range"?**
- **A healthier gut?**
- **Reduced Inflammation?**



Who do we need?

- Participants who have been diagnosed with type 1 diabetes
- Age 7-45

This study involves:

- Taking a fibre supplement for 6 months
- A study visit at baseline, 3 months and 6 months

What do you get?

- **Additional $100 upon completion of study at 9 months (up to $400)**
- **Volunteer recognition letter**
- **Parking costs covered for study visits**

Or visit our website:

If you are interested in joining this study or would like more information, please contact:
Shannon Pyke at: 403-955-7758 or
shannon.pyke@albertahealthservices.ca

Poster Version Date: Version 11.0, 17 Feb, 2026
This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (Ethics ID # REB21-0852*)*

Type 1 Diabetes and Fiber Study
Research Coordinator
403-955-7758
shannon.pyke@albertahealthservices.ca
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