

Lab/Meter Comparisons

A lab meter comparison should be done to make sure your meter is accurate. Some variation is expected but the meter result should be within 15% of the lab value to be acceptable according to diabetes care standards. **Please have your meter checked at the lab before your next visit with the diabetes in pregnancy clinic.**

Procedure:

- Take the lab requisition and all your blood glucose testing equipment to the lab.
- Tell the lab staff how long it has been since you have eaten. **You should go before breakfast or at least 2 hours after eating.**
- Right after the lab staff draws bloods from your arm, poke your finger and test your blood on your meter. **This must be done within 5 minutes.**
- Record your result and tell the lab staff your result so they can record it on the report that goes to your doctor and the diabetes in pregnancy clinic.