

Dear Prescriber,

Providing patients a prescription for glucose meter and testing supplies at the time of GDM diagnosis will help immensely in providing comprehensive and timely care.

Self monitoring of blood glucose requires a blood glucose meter, test strips and lancets that can be purchased at a pharmacy. Insurance companies require a prescription prior to providing any cost coverage.

Thank-you for helping your patients with GDM meet the Diabetes Canada Clinical Practice Guidelines¹ that indicate: "Frequent SMBG (Self Monitoring of Blood Glucose) is essential to guide therapy of GDM (Gestational Diabetes). Both fasting and postprandial testing are recommended to guide therapy in order to improve fetal outcomes."

Thank-you,

Calgary Diabetes in Pregnancy Clinics

1. Feig D, Berger H, Donovan L, Godbout A, et al. Diabetes Canada 2018 Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada: Diabetes and Pregnancy. *Can J Diabetes* 2018;42(Suppl 1):S255-S282.