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**December**

**No Grand Rounds December 26, 2025 and January 02, 2026**

**Grand Rounds will resume on January 09, 2026**

**December 19, 2025**

**Title:** A Review of Enhanced Recovery After Surgery (ERAS) Guidelines on Optimizing Post-Operative Analgesia for OBGYN Surgeries

**Speaker:** Dr. Cindy Xue

**Objectives:**

- Review current state of opioid use in Canada and role of narcotic stewardship
- Overview of approach to multimodal analgesia
- ERAS recommendations: gynecologic surgery
- ERAS recommendations: C-section

**CME Event**

[\*\*view recording\*\*](#)

**December 12, 2025**

**No Grand Rounds today**

**December 05, 2025**

**City-Wide Surgical Rounds**

**Title:** Beyond Blame: A Trauma Informed Path to Just Culture

**Speaker:** Registered Nurse Tracey Receveur

**Objectives:**

- Recognize trauma as an emotional injury
- Explain the brain response to trauma
- Understand the difference of person centered and system level response to adverse events
- Learn how a trauma informed approach to adverse events fosters Just Culture

**CME Event**

**No recording due to privacy issues**

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**November**

**November 28, 2025**

**Title:** Cervical Cancer Screening in Canada: Current Updates and Future Directions

**Speaker:** Dr. Leah Rusnell

**Objectives:**

1. To provide an overview of cervical cancer screening in Canada and globally, to review the evidence behind primary HPV screening, and to highlight the importance of HPV vaccination in cervical cancer elimination.

**CME Event**

[\*\*view recording\*\*](#)

### November 21, 2025

**Title:** Update on RSV Maternal and Infant Protection for the 2025-2026 Season

**Speaker:** Dr. Eliana Castillo

**Objectives:**

1. Discuss current clinical evidence on RSV maternal and infant immunization safety and effectiveness to inform prenatal care decisions.
2. Discuss current and expected NACI recommendations and Alberta-specific eligibility and timing for RSV prevention options.

**CME Event**

[view recording](#)

### November 14, 2025

**Title:** Minding the Gender Pain Gap – Part III: Why does EDI Matter?

**Speaker:** EDI Team – Dr. Kristen Black, Linda Bakunda, Dr. Tyara Marchand, Dr. Tito Daodu, Dr. Pamela Chu

**CME Event**

[view recording](#)

### November 07, 2025

**City-Wide Surgical Rounds**

**Title:** PPIP: Where QI intersects with Maintaining Your License

**Speaker:** Drs. Rob Harrop and Andrew Graham

**CME Event**

**No recording due to privacy issues**

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October

### October 31, 2025

**Title:** Managing Midlife: Approaches to novel menopause therapies and midlife women's health

**Speaker:** Dr. Rebecca Manion

**Objectives:**

1. To describe the role of estrogen in cardiovascular function, physical health, and cognitive function
2. Clarify misconceptions around menopause hormone therapy
3. Discuss novel, non-hormonal therapies for menopause management

**CME Event**

[view recording](#)

### October 24, 2025

**Title:** New Guidelines for Managing Pregnancy in IBD

**Speaker:** Dr. Cynthia Seow

**Objectives:**

1. Describe the impact of IBD on pregnancy outcomes and the impact of pregnancy on IBD.
2. Appropriately assess IBD activity and provide optimal management preconception and during pregnancy.

3. Evaluate the safety of medications during pregnancy and breastfeeding.

**CME Event**[\*\*view recording\*\*](#)**October 17, 2025****Title:** Go Team Canada! Launching SNACS: Our single dose versus double dose antenatal corticosteroid Randomized Control Trial**Speaker:** Dr. Sarah McDonald**Objectives:**

1. To understand the evidence in the current Cochrane review on antenatal corticosteroids
2. To appreciate the data on long term neurodevelopmental harm with antenatal corticosteroids
3. To understand the evidence suggesting lower doses of antenatal corticosteroids may be sufficient
4. To discuss the SNACS trial

**CME Event**[\*\*view recording\*\*](#)**October 10, 2025****Title:** PreViable PPROM: A Discussion around Patient Choice**Speaker:** Dr. Sarah Kent**Objectives:**

1. Define viability and diagnosis of preivable premature prelabor rupture of membranes
2. Explain the options for management
3. Review fetal and maternal morbidity associated with preivable PPROM
4. Discuss management of subsequent pregnancies and some emerging evidence

**CME Event**[\*\*view recording\*\*](#)**October 03, 2025****City-Wide Surgical Rounds****Title:** The Changing Role of the Surgeon: Leading the Transformation of Health Care**Speaker:** Dr. Jonathan C. Irish**CME Event****No recording due to privacy issues**

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**September****September 26, 2025****Title:** Contraception Exceptions**Speakers:** Dr. Genevieve Coutu**Objectives:**

1. Reviewing off label logistics, expanding on Estrogen, personalized Progesterones and intimidating indications.

**CME Event**

No recording due to privacy issues

September 19, 2025

Title: Medical Practice Litigation 101

Speakers: Justine Blanchet & J Mark Jackson

CME Event

[view recording](#)

September 12, 2025

Title: Better People Make Better Doctors: Citizenship in Medicine 2025

Speaker: Dr. Richard Leigh

Objectives:

1. Discuss what citizenship means in an academic Department.
2. Review analogies from the successful All Blacks rugby team and how those might apply to corporate citizenship in medicine.
3. Debate why citizenship in academic medicine matters in 2025.

CME Event

No recording due to privacy issues

September 05, 2025 City-Wide Grand Rounds

Title: What Medical Leaders Need to Know About Sexual Violence

Speaker: Dr. Kiara Mikita

CME Event

No recording due to privacy issues

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June

June 20, 2025

Title: Cesarean Delivery in Individuals with High BMI: A Step-by-Step Journey Into the Supra Pannicular Odyssey

Speaker(s): Dr. Caroline Le Jour

Objectives:

- Conceptualize the idea and advantages of changing the site of skin incision to better "fit" the patient's body
- Develop an approach to patient selection for suprapannicular cesarean section
- Understand prenatal investigations recommended
- Perform bedside scan to identify best placement of incision
- Understand the step-by-step approach to performing the surgery
- Appreciate the "extras" required for patient dignity, autonomy and safety

CME Event

[view recording](#)

June 13, 2025

**Title:** Update on Measles During Pregnancy

**Speaker(s):** Dr. Verena Kuret, Dr. Eliana Castillo, Dr. Jessica Dunn, and Dr. Joseph Vayalumkal

**Objectives:**

- Describe the maternal, fetal and infant risks of measles infection during pregnancy.
- Discuss the management of exposure to measles during pregnancy.
- Discuss Perinatal Infection Prevention and Control Recommendations for Measles.

**CME Event**

[view recording](#)

**June 6, 2025**

**City-Wide Rounds – No recording due to privacy issues**

**CME Event**

**May**

**May 30, 2025**

**Title:** Yellow Flags in Pregnancy: Understanding and Managing Intrahepatic Cholestasis of Pregnancy

**Speaker:** Dr. Carmen Petrick

**CME Event**

**Please note: No visual in the video, only sound due to technical issues.**

[view recording](#)

**May 23, 2025**

**Title:** Little Bleeds, Big Decisions: Rethinking WinRho <12 Weeks

**Speaker:** Dr. Rachel Wang

[view recording](#)

**May 16, 2025**

**Title:** Reviewing the Role of Uterine Preservation in Pelvic Floor Repair

**Speaker:** Dr. Rebecca Manion

**Objectives:**

- Review the levels of pelvic organ support and the role of the uterosacral-cardinal complex
- Discuss the risks and benefits of uterine preservation
- Discuss surgical options for uterine preservation
- Review the evidence supporting uterine preservation for hormonal function

[view recording](#)

**May 09, 2025**

**Title:** Artificial Intelligence in Healthcare: What Is It and How Is It Actually Useful?

**Speaker:** Dr. Muhammad Mamdani

**Objectives:**

- Describe basic concepts in artificial intelligence (AI) in medicine
- Discuss current and emerging applications of AI in medicine

- Summarize key opportunities and challenges in the use of AI solutions in clinical practice and provide examples of AI in obstetrics and gynaecology

[\*\*view recording\*\*](#)

**May 02, 2025 City-Wide Grand Rounds**

**City-Wide Grand Rounds**

**Cancelled**

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**April**

**April 25, 2025**

**Title:** Didn't Earn It: The Myth of Meritocracy – Part II: Who Cares About Equity Diversity and Inclusion?

**Speakers:** Dr. Pamela Chu and Gauri Taneja

**Objectives:**

- Define meritocracy: what it is and why it is perceived as fair
- Understand the hidden curriculum: how informal social networks, mentorship, and sponsorship influence opportunities
- Describe structural barriers: how race, gender, socioeconomic status, and disability can impact career advancement
- Bias in evaluations: review research on disparities in performance evaluations, letters of recommendations, and promotions

**CME Event**

[\*\*view recording\*\*](#)

**April 18, 2025**

**Grand Rounds Cancelled**

**April 11, 2025**

**Topic:** Skin Deep: Problem Scars and their Management

**Speaker:** Dr. Steven A. Hanna

**Objectives:**

- Understand the basic principles of wound healing
- Understand the pathophysiology of hypertrophic/keloid scars
- Understand current management of problem scars and indications

**CME Event**

[\*\*view recording\*\*](#)

**April 04, 2025**

**Topic:** Give Yourself Room To Breathe: Mindfulness Practices in Surgery

**Speaker:** Dr. Carol Hutchison

**No recording due to privacy issues**

**CME Event**

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March

**March 28, 2025**

**Topic:** Who cares about equity, diversity and inclusion? Part I: The evolution of inequity in women's health

**Speaker:** Dr. Pamela Chu

**Objectives:**

- Understand the historical context of inequity in women's health with a specific focus on the Canadian and Albertan context.
- Explore the impacts of this history on contemporary language, practices, and attitudes that perpetuate inequity in women's health.

**CME Event**

[view recording](#)

**March 21, 2025**

**Topic:** Sleep in Pregnancy - Review of common issues and questions

**Speaker:** Dr. Allan Kember

**Objectives:**

- To review the state of knowledge and guidelines for three common sleep disorders in pregnancy (sleep-disordered breathing, insomnia, and restless legs syndrome).
- To understand the characterization, prevalence, risk factors, associations, outcomes, screening, diagnosis, and management of three common sleep disorders in pregnancy.
- To introduce the social determinants of sleep and principles of sleep hygiene.
- To identify two frameworks for inferring causality using observational data.
- To discuss the corpus of evidence relating to evidence of mechanism and statistical evidence vis à vis maternal sleeping posture, fetal growth, and late stillbirth risk.
- To combine the above learning points with RCOG's guideline to be able to answer patients' common and advanced questions about sleeping posture in pregnancy.

**\*Due to technical issues, no recordings of this presentation have been made\***

**CME Event**

**March 14, 2025**

**Title:** The Unknown Bug: Examining a rare case of Clostridium Sordellii infection in a postpartum patient

**Speakers:** Dr. Gabrielle Wagner and Dr. Katherine Lo

**Objectives:**

- Provide an overview of *C. sordellii* infections and highlight learning opportunities through review of a rare case of postpartum *C. sordellii* toxic shock syndrome
- Review the pathophysiology, clinical presentation, and management of *C. sordellii* infections
- Compare and contrast toxic shock syndromes caused by other bacterial infections
- Discuss preventive strategies and opportunities for change in current practice

**No recording due to privacy issues**

**CME Event**

**March 07, 2025**

**No Grand Rounds – Clara Christie Day Event**

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February

**February 28, 2025**

**Title:** Placental Pathologies: A clinically practical guide to common and rare pathologies

**Speaker:** Dr. Gabrielle Bonneville

**Objectives:**

- List important placental structures and functions
- Understand the main pathological findings, ultrasound findings and clinical outcomes in each of the following pathological entities:
  - Maternal vascular malperfusion (MVM)
  - Fetal vascular malperfusion (FVM)
  - Villitis of unknown etiology (VUE)
  - Chronic histiocytic intervillitis (CHI)
  - Massive perivillous fibrin deposition (MPVFD)
- Review current literature on recurrence risk and potential preventative strategies

**CME Event**

[view recording](#)

**February 21, 2025**

**Title:** The Importance of an Obstetrical Survey System Learnings from the PPQAC

**Speaker:** Dr. Philippa Brain

**Objectives:**

- To understand the critical incident review process
- To review quality safety
- To review a case of maternal mortality
- To understand local reviews
- To see the value of individual cases
- To learn future improvements

**CME Event and Educational Case Rounds**

**No recording due to privacy issues**

**February 14, 2025**

**Title:** Current Insights on GSM Management and Treatment Advances

**Speaker:** Dr. Shunaha Kim-Fine

**Objectives:**

- Provide an overview of the genitourinary syndrome of menopause (GSM)
- Review the pathophysiology of vulvovaginal atrophy & sex hormone deficiency in menopause
- Summarize the latest GSM guidelines
- Introduction to novel therapeutic option for vulvovaginal atrophy management in postmenopausal women
- Review of pivotal safety and efficacy clinical studies.

**CME Event**

[view recording](#)

**February 07, 2025****Title:** Are We Ready for AI in Medical Education? Perspectives from the Royal College Taskforce on AI**Speaker:** Dr. Tanya Horsley**City-Wide Rounds – No recording due to privacy issues****CME Event**

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**January****January 31, 2025****Title:** Legal Information with Field Law, Part II: *An update on birth injury law in Canada and demystifying the state of women's reproductive legal rights in a post Roe v. Wade world***Speakers:** Justine Blanchet and J. Mark Jackson, K.C.**University of Alberta welcomes Field Law partners Mark and Justine on January 31st, 2025. For this presentation, they will provide an update on birth injury laws in Canada, and will unpack the legal impact on women's reproductive rights following the US Supreme Court reversal of Roe v. Wade.****UofA Event – Cancelled****January 24, 2025****Title:** Perioperative considerations for gender-affirming surgery in transgender men and non-binary patients**Speaker:** Dr. Carmen Soltys**Objectives:**

Describe the effect of exogenous testosterone on the gynecologic organs.

Manage unwanted or abnormal uterine bleeding in transgender and non-binary patients.

Implement an approach to the consult for gender affirming hysterectomy and oophorectomy, including discussion regarding:

- Management of perioperative testosterone
- Fertility preservation
- Long-term health consequences of bilateral oophorectomy

**CME Event**[\*\*view recording\*\*](#)**January 17, 2025****Title:** Bones Are (Not) Hard: Osteoporosis for Obstetricians**Speaker:** Dr. Laura Hinz**Objectives:**

- Define osteoporosis and state why it is important
- Discuss screening, diagnosis, and treatment options for post-menopausal osteoporosis
- Evaluate the role of BMD and FRAX in premature ovarian insufficiency
- Describe the effect of aromatase inhibitors on bone
- Recognize the entity of Pregnancy and Lactational Osteoporosis

- Consider the role of BMD in ovarian suppression (GnRH use)

CME Event

[view recording](#)

January 10, 2025

**Title:** The Return of M&M ROUNDS!

**Speaker:** Dr. Stephanie Cooper

**Objectives:**

- Introduce the concept of bias in adverse outcome analysis
- Evaluate system level issues that may lead to severe maternal adverse outcome
- Identify learning opportunities by review of a case of septic shock in Obstetrics

CME Event

[view recording](#)