Department of Medicine

NEWSLETTER

SUMMER 2024 JULY

INNOVATION | EXCELLENCE | PATIENT CARE | SCHOLARSHIP | EDUCATION LEADERSHIP | MENTORSHIP | TECHNOLOGY



Message from the department head

As we enter into summer and a new academic year, I want to take this opportunity to once again thank everyone for all your many and varied contributions to the Department and to the provision of health care for Albertans.

I want to welcome all the new faculty members and residents to the department. We are pleased you have decided to join our team, and I look forward to meeting and working with you in the coming months. We will be having a **DOM New Faculty orientation** on **September 24** at the zoo. It will provide information specific to the department, and is an opportunity to meet departmental faculty and leaders. We encourage anyone recruited since 2022, who has not attended a previous DOM orientation, to attend. Additionally, the departmental website has a number of resources you may find helpful.

Please mark your calendars and plan to attend the **DOM & IMRP Annual Celebration dinner on Saturday, November 16** at the Palliser Hotel. We will be sending out a **request for DOM annual award nominations** in the coming days, so please consider nominating a colleague(s) deserving of recognition for their contributions.

I encourage you to review the rest of the newsletter for some departmental highlights and important announcements. Please remember to take some time to enjoy the summer while it lasts.



Dr. Jayna Holroyd-Leduc Zone Clinical and Academic Department Head

Message from the department manager



Allison Mirotchnik Manager, Department Of Medicine

2024 has been flying by at record speed and it's hard to believe we've already passed the midpoint of another busy and productive year! I wanted to take a moment to express my heartfelt appreciation for the unwavering dedication and exceptional hard work demonstrated by each member of our department. The past months have been filled with challenges, long hours, and uncertainty. Your dedication and commitment have not gone unnoticed.

Our collective achievements are a testament to the skill, perseverance, and teamwork that define our department. Whether in patient care, research, teaching, or administrative support, each of you has contributed significantly to our shared mission of advancing medical knowledge and improving patient outcomes. It is because of your tireless efforts that we continue to make meaningful strides forward despite the ever-changing healthcare landscape in the province.

As we enter the summer months, I hope that each of you can find time to rest and recharge. Taking a well-deserved vacation not only provides a break from the daily grind but also allows us to spend precious moments with our families and loved ones. Whether you are planning a trip or enjoying a staycation, I encourage you to take full advantage of this time to relax and rejuvenate.

Wishing you all a wonderful and restful summer.





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Dom NEW FACULTY ORIENTATION

Who Should Attend: Any faculty recruited to the Department of Medicine between 2022 and 2024 who have not previously attended the DOM New Faculty Orientation.

When: Tuesday, September 24, 2024

Location: Enmax Conservatory Hall – North Terrace, Calgary Zoo.

Please RSVP here: https://forms.gle/e7ty9tXXDBJpawVZA

Registration Deadline: Sept 5, 2023

Any questions or changes to your RSVP? Please email phillippa.hazell@albertahealthservices.ca





LEADERSHIP

Please join us in welcoming the following members to their Leadership Roles.

The Department of Medicine is forming a **new Office of Physician Wellness & EDIA**. co-led by our new Vice Chair of Physician Wellness & Vitality and the new Vice Chair of Equity, Diversity, Inclusion and Accessibility (EDIA). The Vice Chair of Physician Wellness will lead the physician wellness initiatives and priorities within the department, working collaboratively with the VC of EDIA in the intersection of physician wellness with EDIA. The Vice Chair of EDIA will support the department in cultivating a community of diverse physicians who work collaboratively to create an equitable and inclusive environment free from discrimination, racism, bias, and harassment. Taking effect July 1, 2024.



VICE CHAIR OF PHYSICIAN WELLNESS & VITALITY

Dr. Brandie Walker is a respirologist and clinical associate professor in the Department of Medicine. She completed her medical training in Calgary and a PhD at UBC. Her research interests include Asthma and COPD. Dr. Walker has also been the Site Lead for Respirology at FMC for four years and currently the Deputy Division Head for Respiratory Medicine. She has had a strong interest in Physician Wellness for several years, including being a member of the Peer Support Team and taking part in available training sessions with Dr. Jane Lemaire around areas such as wellness and burnout.

Dr. Walker has completed the Stanford Physician Well-Being Director Course, as well as attended (virtually) the Canadian Conference on Physician Health. These activities, along with the Mindful Practice in Medicine Workshop in Banff have awarded her the foundation in the science and theory of Physician Wellness.



VICE CHAIR OF EQUITY, DIVERSITY, INCLUSION AND ACCESSIBILITY

Dr. Shannon Ruzycki has been a general internist and assistant professor in the Department of Medicine since 2018. She completed her residency and fellowship training in Calgary and holds a master's degree in public health from Johns Hopkins University. Dr. Ruzycki has been working, alongside Dr. Jane Lemaire, as the Associate Vice Chair of Physician Wellness and Vitality since 2018, and the co-chair of the DOM Equity and Diversity Working Group and Anti-Racism Taskforce (now combined Equity and Anti-Racism Action Committee) for the last 5 years. Dr. Ruzycki began work as the Research Lead for the CSM Health Equity and Systems Transformation Portfolio and

joined the City of Calgary's Anti-Racism Action Committee as a public member. Dr. Ruzycki has also completed the Stanford Physician Well-Being Director Course and learned from leaders in EDIA through research and advocacy collaborations.

DIVISION/SECTION HEAD OF TRANSPLANT MEDICINE AND MEDICAL DIRECTOR OF THE SOUTHERN ALBERTA TRANSPLANT PROGRAM



The Department of Medicine is pleased to announce that **Dr. Mitesh Thakrar** has taken on the role of Division/Section Head of Transplant Medicine and Medical Director of the Southern Alberta Transplant Program (ALTRA) as of July 1, 2024.

Dr. Thakrar completed medical school and internal medicine/pulmonary residency at the University of Calgary. He then pursued fellowships in lung transplantation at the University of Alberta and pulmonary hypertension at the University of Newcastle, in Newcastle-upon-Tyne in the UK. As a born and bred Calgarian, he then returned to

Calgary and has been on faculty since 2011. He is currently a clinical associate professor within the Divisions of Transplant Medicine and Pulmonary Medicine. In addition, Dr. Thakrar was previously the Deputy Director of the Southern Alberta Transplant Program and the site lead the Peter Lougheed Centre for the Department of Medicine.





Awards and accomplishments

Join us in congratulating the following members for their achievements over the past few months



LIBIN CARDIOVASCULAR INSTITUTE AWARDS

Congratulations **Dr. Sonia Butalia** for being awarded the Libin Researcher of the Year for 2023-24. This award recognizes an individual who has made outstanding research contributions to the Libin Cardiovascular Institute and represented the CSM, UCalgary and AHS at the highest level.



CSM POSTGRADUATE CLINICAL EDUCATION AWARD

Congratulations to **Dr. Sophia Chou** on receiving the Postgraduate Clinical Education Award for clinical, adjunct and research faculty. This award acknowledges significant achievements in 2023 in the area of post graduate clinical education.



2023 FOOTHILLS MEDICAL CENTRE MEDICAL STAFF ASSOCIATION

Congratulations to **Dr. Christina Thornton** on receiving the Physician of the Year Award - Early Career Physician from the Foothills Medical Centre Medical Staff Association annual awards. These awards recognize a physician for their outstanding commitment to patients, staff and students of Foothills Hospital and the community they serve.



2023 FOOTHILLS MEDICAL CENTRE MEDICAL STAFF ASSOCIATION

Congratulations **Dr. Shannon Ruzycki** on receiving the Diversity and Inclusion Award from the Foothills Medical Centre Medical Staff Association annual awards. This award recognizes the outstanding individual faculty contributions to advancing diversity and inclusion in medicine at the Foothills Medical Centre.



LUPUS CANADA RESEARCH GRANT

Congratulations to **Dr. May Choi** on receiving funding from Lupus Canada for the project "GAPS: Google Trends Analysis of Public Interest in SLE".



NSERC DISCOVERY GRANT 2024

Congratulations to **Dr. Mark Gillrie** on a successful NSERC Discovery Grant for the research "Regulation of lung microvascular homeostasis by biophysical cues in a ventilated human 3D lung on a chip"





Awards and accomplishments

Join us in congratulating the following members for their achievements over the past few months





DIABETES CANADA NATIONAL ADVOCACY LEADERSHIP AWARD

Congratulations to **Drs. Julie McKeen & Peter Sargious** (Co-chairs of Alberta Minister of Health's Diabetes Working Group) for the Diabetes Canada National Advocacy Leadership Award. This award recognizes a Diabetes Canada healthcare professional member(s), grassroots advocacy volunteer(s) or group who has demonstrated exemplary leadership, commitment/dedication in advancing public policy in the interests of people living with diabetes and by the advocacy strategy of Diabetes Canada.



OUTSTANDING ACHIEVEMENT AWARD, MCMASTER UNIVERSITY

Congratulations **Dr. Paula Pearce** for receiving an outstanding achievement award from Mc-Master University in recognition of excellence in graduate program studies from the Faculty of Health Sciences. This award recognizes graduate students in a Master's or Doctoral program who have made outstanding achievements as judged by their graduate program. This award is given to no more than 5% of all students in Master's or Doctoral. Dr. Pearce completed her Master's during her recent sabbatical.



ROYAL COLLEGE AWARD FOR EARLY CAREER LEADERSHIP

Congratulations **Dr. David Campbell** on receiving the award for Early Career Leadership in Health Policy/Health Systems from the Royal College as the co-director of the Health Policy Trials Unit at the O'Brien Institute of Public Health.



CANADIAN DERMATOLOGY ASSOCIATION AWARDS

Read the full press release here

Congratulations **Dr. Kirk Barber** on receiving this years **Canadian Dermatology Association Lifetime Achievement Award.** This award recognizes Canadian Dermatologists who have made a lasting impact in dermatology through their professional accomplishments. Dr. Kirk Barber was recognized for his over 40 years of providing outstanding dermatologic care to patients, partnered with his wealth of experience and encyclopedic medical knowledge.



Congratulations to **Dr. Jori Hardin** on receiving a **Canadian Dermatology Association Early Career Volunteer Award**. These awards recognize residents, fellows and new dermatologists who are committed to giving back to society through volunteer activities that have a medical or dermatological aspect. Dr. Hardin was recognized for her large focus on equity, diversity and inclusion and the long-term outreach clinics in underserved populations.



Congratulations to **Dr. Bryan Ma**, an incoming PGY3 Dermatology Resident in the Cumming School of Medicine for receiving a **Resident's Writing Award** from the Canadian Dermatology Association for his and his co-authors work presented in the article ""Epidemiology and Health-care Expenditure for Skin Disease in Emergency Departments in Alberta, Canada," which was published in the CDA's *Journal of Cutaneous Medicine and Surgery*.





Awards and accomplishments

Join us in congratulating the following members for their achievements over the past few months

CONGRATULATIONS TO THE FOLLOWING FACULTY ON THEIR PROMOTIONS

Clinical Professor

Dr. Andrei Metelitsa

Dr. Sophia Chou

Dr. Maria Bacchus Dr. Ngan Lam

Dr. Sachin Pendharkar

Clinical Associate Professor

Associate Professor
Dr. Allison Brown
Dr. Justin Chun
Dr. Meghan Elliott
Dr. Gabriel Fabreau
Dr. Yasmin Nasser
Dr. Kris
Dr. Ela
Dr. Sur
Dr. Jori
Dr. Jori
Dr. Juli
Dr. Far

Dr. Kristen Brown
Dr. Elaine Dumoulin
Dr. Sumantra Monty Ghosh
Dr. Jori Hardin
Dr. Juliya Hemmett

Dr. Juliya Hemmett
Dr. Fareed Kamar
Dr. Tara Lohmann

Clinical Assistant professor

Dr. Jason Bau Dr. Sidra Javed Dr. Mithum Kularatne

Dr. Meena Mathivanan

Dr. Daniel Vis

INTERNAL MEDICINE RESEARCH DAY 2024 - CONGRATULATIONS PRESENTATION WINNERS

First Place Oral Presentation Award (\$1000)

Winner: Dr. Akash Fichadiya (PGY3) | Supervisor: Dr. Derek Chew

Title: "Association Between SGLT2 Inhibitors and Arrhythmic Outcomes in Patients with Type 2 diabetes and Pre-Existing Atrial Fibrillation"

Dr. Gisela Macphail

Dr. Caley Shukalek

Dr. Michelle Kier (primary DCS)

Dr. Jacques Rizkallah (primary

Dr. Elena Qirjazi

DCS)

Second Place Oral Presentation Award (\$500)

Winner: Dr. Hanna Yaphe (PGY2) | Supervisor: Dr. David Campbell

Title: "Provider's Experiences Delivering "SAFER", A Novel Pilot Program to Screen for Diabetes Complications Among People Experiencing Homelessness"

First Place Poster Presentation Award (\$500)

Winner: Dr. Nariman Sepehrvand (PGY1) | Supervisor: Dr. Padma Kaul

Title: "Decoding Post-Discharge Survival in Hospitalized Patients Using Discharge Electrocardiograms: Machine Learning-Powered Mortality Prediction in a Universal Healthcare System"

First Place Small Group Presentation Award (\$250)

Winner: Dr. Chad Kimmitt (PGY3) **Supervisor:** Dr. Jolene Haws

Title: "The Use of Simulation to Address Gaps in Patient Safety Incidents; A Quality Improvement Project"



PREVIOUSLY ANNOUNCED UNSUNG HERO'S

- April Dr. Ngam Lam & Resident Research Day Volunteers, Dr. Ghazwan Altabbaa. Dr. Lorraine Lau
- May Dr. Qahir Ramji, Dr. Sandeep Deol,
- June Dr. Steve Duncan, Dr. Mike Chrusch, Dr. Ainslie McBride, Dr. Tarandeep Sandhu, Dr. Chandra Thomas, Pip Hazell

NOMINATE AN UNSUNG HERO

Please continue to nominate your colleagues who make your life a little easier in the Department of Medicine. We want to recognize all the unsung hero's in our department and they will be announced during Medical Grand Rounds on Tuesday mornings. Please email Dr. Chandra Thomas Chandra.thomas@ahs.ca your nominations and a few words about why you're nominating that person.





Nominations for dom annual awards 2024

This will come out as an individual announcement this week



CALL FOR NOMINATIONS 2024 DOM ANNUAL AWARDS

RECOGNIZE A COLLEAGUE FOR THEIR SIGNIFICANT CONTRIBUTIONS TO THE DEPARTMENT OF MEDICINE

2024 DEPARTMENT OF MEDICINE AWARDS - CALL FOR NOMINATIONS

Please note that **Thursday**, **August 29th 2024** is the deadline for nominations for the Department of Medicine Awards. Please see below for a description of the nomination process. <u>Details of each award can be found in the Terms of Reference here.</u>

In 2005 the Department of Medicine launched a series of awards within the department to more broadly recognize the many and varied achievements and contributions of department members. We are now accepting nominations from department members for the 2024 DOM Physician Excellence Awards, including:

- 1. The Foothills Medical Centre Award for Clinical Excellence named after Dr. John Dawson
- 2. The Peter Lougheed Centre Award for Clinical Excellence named after Dr. Howard McEwen
- 3. The Rockyview General Hospital Award for Clinical Excellence named after Dr. Terry Groves
- 4. The Richmond Road Diagnostic & Treatment Centre Award for Clinical Excellence named after Dr. Martin Atkinson
- 5. The South Health Campus Award for Clinical Excellence
- 6. The DoM Award for Community Clinical Excellence named after Dr. Tom Enta
- 7. The Early Career Award for Clinical Excellence
- 8. The Department of Medicine Professionalism Award named after Dr. Brenda Hemmelgarn
- The Department of Medicine Innovation Award named after Dr. John M. Conly
- 10. The Quality Improvement & Patient Safety Award
- 11. The Team Builder of the Year Award
- 12. The Equity, Diversity & Inclusion Award
- 13. The Physician Wellness Award named after Dr. Jane Lemaire
- 14. The Citizenship Award

Nominations may come from any health care provider, support staff or administrator involved in the Department of Medicine care delivery or academic processes. Please feel free to distribute this call for nominations and do consider nominating your colleagues for these awards.

An adjudication committee will be formed within the Department of Medicine to select the awardees, which will include members who have previously won DOM Physician Excellence awards. The awards will be presented at the Annual DOM and IMRP Celebration Dinner on Saturday, November 16, 2023 at the Palliser Hotel.

Nominations, in the form of a formal nomination letter addressed to Dr. Jayna Holroyd-Leduc, along with a copy of the candidate's current CV should be provided no later than Friday, August 30th 2024. Please email your nominations to Pip Hazell (phillippa.hazell@albertahealthservices.ca). Details for each of the Awards are attached.





${f F}$ oothills campus community pantry



CSM continues to host a Community Pantry in the Health Sciences
Centre Atrium (by the staircase near the Hippocrates statue). If you would like to donate to help stock the pantry, please see the list of suggested items on the website.
This is a community initiative and therefore any items should just be added directly into the pantry (items are not collected).

Full Information

Dom Peer Support Team



The practice of medicine is rewarding but may at times be challenging. At some point, you may feel the need to seek support from a colleague.

The Department of Medicine has a group of formally trained peer supporters available as a resource for our colleagues. We encourage you to bring forth any issue at any time.

Any of our peer supporters listed on the contact information sheet can be reached through email or cell phone to set up a time to connect.

Department of Medicine







CSM GRANT DEVELOPMENT OFFICE

Current opportunities, timelines and application information

CALGARY CENTRE FOR CLINICAL RESEARCH- CLINICAL RESEARCH FUND SEED GRANT COMPETITION IS NOW OPEN

The Cumming School of Medicine (CSM) and Alberta Health Services (AHS) Clinical Research Fund is now open for seed applications.

This opportunity will support the Eyes High strategic vision of leadership in high impact clinical research at UC and promote the objectives of AHS strategy for research innovation and analytics.

Priority Areas for Upcoming Seed Grant Competitions (July 15th, 2024, Dec 15th, 2024)

While the Clinical Research Fund is open to all clinical research projects, priority will be given to applications proposing health services or population health research aimed at one of the following:

- Improving health outcomes among Indigenous Peoples, in keeping with Indigenous values and traditions.
- Reducing harms and or saving lives related to the opioid overdose crisis.

Proposals with a focus on Indigenous health outcomes should follow the TCPS 2 - Chapter 9 Research Involving the First Nations, Inuit and Métis Peoples of Canada guidelines.

Proposals with a focus on the opioid overdose crisis should align with <u>Provincial</u> and <u>Federal</u> public health strategies.

To apply applicants, need to submit an application through the <u>online portal</u> along with the following supporting documents:

- CV of Principal Applicant
- Project Summary
- Budget Justifications
- Application Deadline: July 15, 2024 11:59 p.m.
- For more information Visit the Clinical Research Fund Website for more details.

NSERC DISCOVERY GRANT LIVE Q&A SESSIONS

NSERC is offering Live Q&A sessions pertaining to this year's Discovery Grant competition. Pre-recorded videos are offered to assist applicants on how to complete an application using the Research Portal and the NSERC Canadian Common CV (CCV). See the latest CSM Grant Development weekly digest for information on what is required to attend the sessions on June 20.





CSR GRANT DEVELOPMENT OFFICE

Current opportunities, timelines and application information

CSM GRANT DEVELOPMENT INFORMATION SESSIONS

The CSM Grant Development team will be holding information sessions to help applicants (and teams) prepare for the 2024 Fall Project Grant Competition.

These sessions will highlight recent changes to the competition and include tips for completing and submitting your Project Grant application.

Info Session #1 | July 18, 2024 | 10 – 11:30 a.m. | Zoom | Register

Info Session #2 | August 13, 2024 | 2 – 3:30 p.m. | Zoom | Register

Grant Basics: How to submit your research grant

August 20, 2024 | How to submit your research grant | 10 - 10:30 am | Q&A 10:30 - 11am | Zoom Register

CIHR OPERATING GRANT: DATA ANALYSIS USING EXISTING CDN DATABASES AND COHORTS (2024)

Full information at this link.

This funding opportunity is to support projects that use data from existing Canadian-based cohorts, databases, cohort catalogues, and data platforms, and are relevant to human development, child and/or youth health with the goal to inform improved patient, population, and system outcomes.

- Registration (via ResearchNet): September 10, 2024
- RSO Internal Deadline (Full Application): September 30, 2024 Noon

CIHR OPERATING GRANT: HCRI - DATA ANALYSIS USING EXISTING DATABASES AND COHORTS (2024)

Full information at this link.

This HCRI funding opportunity will support research that leverages existing data to improve the health, wellness and health equity of urban populations.

CIHR and other funding agencies have invested heavily in the establishment of cohorts, databases, and data platforms.

As a result, many high-quality data sets exist that contain a wealth of information and have the potential to answer research questions that go beyond those for which the data were originally collected or for which the data has been used to date.

• RSO Internal Deadline (Full Application): November 4, 2024 - Noon





CSM GRANT DEVELOPMENT OFFICE

Current opportunities, timelines and application information

SOCIAL SCIENCES AND HUMANITIES RESEARCH COUNCIL 2024 (SSHRC) INSIGHT GRANT COMPETITION

Full information here

Insight Grants (IG) support research excellence in the social sciences and humanities. Funding is available to both emerging scholars and established scholars for research initiatives of two to five years.

Insight Grants (IG) offer support for long-term research initiatives central to advancing knowledge. It enables scholars to address complex issues about individuals and societies, and to further our collective understanding. Insight Grant (IG) research initiatives can be undertaken by an individual researcher or a team of researchers working in collaboration.

SSHRC welcomes applications involving Indigenous research, as well as those involving research-creation.)

RSO Internal Deadline: September 25, 2024 - Noon

For anyone who is interested in this opportunity, please contact Clint Westgard

CSM GRANT DEVELOPMENT OFFICE - POSTDOCTORAL EDUCATIONAL EVENTS

Postdoctoral Professional Mixer | June 12, 2024 | 1pm - 3pm | HMRB Atrium | Register here
A group speed dating and networking session supported by experts in certain areas discussing topics
such as: How to get a faculty position? What is a teaching dossier? How do I start commercializing
technology? What is intellectual property? What sesearch grants can I apply to to become more
independent? How do I become a key player in journal peer review?
We will conclude the session with a casual networking opportunity over hors d'oeuvres.
Please communicate topics of interest in your RSVP.

The business of research - IP & Commercizlization June 19, 2024 | 1pm - 3pm | HSC 01500 | Register Here

At this event, we will challenge you to consider how to navigate the implications of intellectual property to set yourself up for long-term success. Innovate Calgary, Creative Destruction Lab and innovator and top 40 under 40 Dr. Eli Kinney-Lang will partner up to cover topics such as: What is the University of Calgary's IP policy? What are some best practices I should adhere to? Who holds IP (funder, supervisor, you)? How can I safely share data? How can I turn an idea into a product?







Office of Faculty Development and Performance - CSM

DEVELOPING A TEACHING DOSSIER

September 14 | 1 - 4 PM | Zoom | Register here

If you are applying for PROMOTION or TENURE, a candidate for a TEACHING AWARD, or simply wanting to keep track of your TEACHING ACTIVITIES, consider attending this workshop. Learn the "do's and don'ts" of preparing a teaching dossier and get help developing your teaching and learning philosophy.

OFDP RESEARCH ORIENTATION

September 24 | 1 - 4 PM | Zoom | Register here

If you're a NEW RESEARCHER at CSM or if you've never attended a Research Orientation before, this session is for you! In this session hosted by OFD and led by the Grant Development Office, you'll learn how to get funding, get a better understanding of the grant application process, and start mapping your plan for success!

LOOKING FOR LEADERSHIP DEVELOPMENT TRAINING | LINK

ULead - Academic Leadership Academy program is a seven-module course offered by the Office of the Provost and Vice-President (Academic). This leadership development program is designed to be a social learning space for academic leaders at UCalgary. Participants can expect to:

- Strengthen awareness of their leadership values, identity, and purpose
- Practice and debrief leadership skills in their real-world context
- Create leadership learning goals and ways of collecting feedback on their practice
- · Support program peers in leadership development and peer mentoring skills
- Develop the people they lead and manage

Cohort 3 is open for registration and sessions start in September.



