

## MESSAGE FROM THE DEPARTMENT HEAD

The department as a collective made significant contributions across the CARE (clinical/quality; administration/leadership; research/scholarship; education/teaching) pillars in 2022, which we should all feel proud of - we realized them together. Many of these accomplishments were celebrated at the 2022 DOM Annual awards dinner and/or are highlighted in the 2022 DOM newsletters and [annual report](#). I look forward to seeing what new discoveries, innovations, and practice changes department members accomplish together in 2023.

As we start a new year, my hope for all department members is that you realize progress in at least one of your career goals in 2023. Although there are many challenges facing the healthcare system, I encourage everyone to continue to focus on working to improve the things in your capacity to change and to be sure to focus some time on things that bring you energy and joy.

Please review the winter newsletter for some departmental highlights and important announcements.



*Dr. Jayna Holroyd-Leduc  
Zone Clinical and  
Academic Department Head*

## MESSAGE FROM THE DEPARTMENT MANAGER



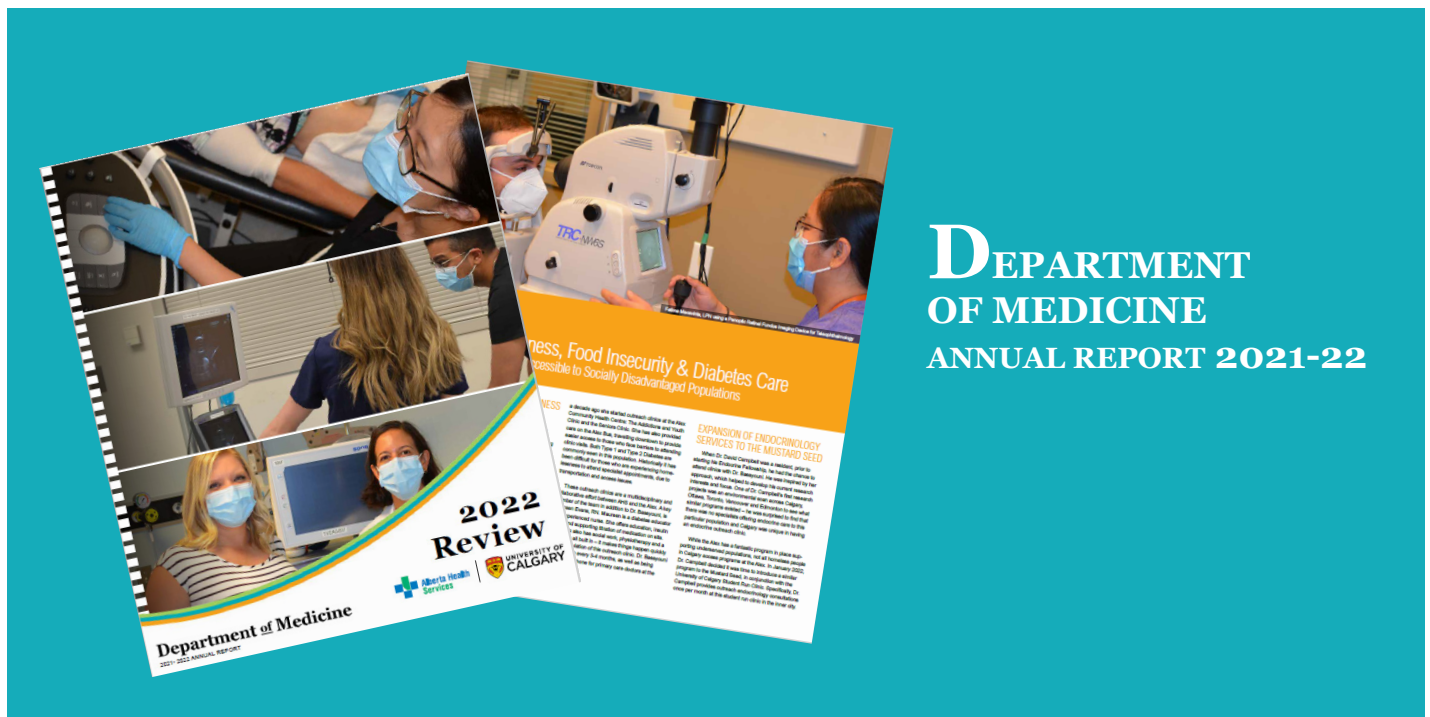
*Allison Mirotnik  
Manager, Department  
Of Medicine*

Thank you to all of you who worked throughout the holidays to ensure the essential services of the Department were maintained. It is very much appreciated, by your colleagues, the organization and especially by the patients and families we serve.

As we move past the holiday season and into the start of 2023 I am hoping that all of our Department's physicians and staff were able to find some moments to fill your cup over the last few weeks, whether with family and friends, adventuring in the mountains, or curled up with a good book. We have begun the transition away from the darkest days of the year back towards the light and I hope you are beginning to feel that shift. We will again this year be doing our February Healthy Hearts Challenge to encourage physical activity, healthy habits and foster a little fun competition, so please stay tuned for more information.

We have had a few very tough years, and I am wishing all of us an easier season ahead. I am hoping for a year where we are not called upon to be strong or resilient but rather one with space for softness, support, and ease. A year with room for creative energy and innovation inspired by possibility rather than necessity. I hope that resonates with you, and that in this New Year you feel the support of both your colleagues and Departmental leadership bolstering you towards a bright and prosperous period.

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## DEPARTMENT OF MEDICINE ANNUAL REPORT 2021-22

# WELCOME TO THE DEPARTMENT

Join us in welcoming the following new members to the Department of Medicine over the past few months



## ANDREW FRANK-WILSON - TEAM LEAD, ANALYTICS

**Andrew Frank-Wilson** has joined the Department of Medicine as the Team Lead, Analytics, as of **October 31, 2022**.

Andrew is passionate about unlocking the potential of health system data to improve health care. He joined AHS in 2018, where he has been leading the Public Health, Primary Care & Chronic Disease Management portfolio within South Zone Data & Analytics team, and has also served as an Epidemiologist with the DISER project within the Diabetes Obesity and Nutrition SCN's Scientific Office. His projects have included building bespoke provider-level reporting solutions, automating daily provincial COVID-19 hospitalization data transfers between AHS and Alberta Health, and the design of evaluation tools and data pipelines for AHS' Chronic Disease Management programs.

Prior to joining AHS, he trained in Epidemiology at the U.S. National Institutes of Health and Johns Hopkins Bloomberg School of Public Health. Andrew is an Alumnus of the Universities of Saskatchewan, and Western Ontario. He currently serves as an Adjunct Professor of Health Sciences at the University of Lethbridge, a scientific advisor to the Collaborative Health Research Institute of Southern Alberta, and is a former Associate Editor for the Journal of Aging and Physical Activity.

Outside of the office you might find him working in his vegetable garden – for which he used his data & analytics skills to determine the best locations for his garden beds and to plant trees and perennials. Andrew's newest hobby is touring and exploring playgrounds with his young family and their geriatric Border Collie. Whenever time permits, he also enjoys disc golf, squash, paddling, mountain biking/hiking, and he may even blow the dust off of his old guitar

## LEADERSHIP

Please join us in welcoming the following members to their Leadership Roles.

### INTERIM SECTION/DIVISION HEAD OF RHEUMATOLOGY

The Department of Medicine is pleased to welcome **Dr. Garry Morris** into his new role as **interim Section/Division Head of Rheumatology** as of **January 1, 2023**. Dr. Morris is pleased to become the acting division head for rheumatology after practicing in Calgary as a community based rheumatologist and teacher since 2001.

As Dr. MacMullan prepares for life back in Ireland as of January 1, the Department of Medicine would like to offer a huge thank you to him for all his contributions over the past few years



### APD FOR THE IMRP AT ROCKYVIEW GENERAL HOSPITAL

The Department of Medicine and the IMRP are pleased to announce that **Dr. Alejandra Ugarte-Torres** will be taking on the role of **Associate Program Director for the IMRP at Rockyview General Hospital** as of **January 1, 2023**. In this role, Dr. Ugarte-Torres will provide site-specific leadership to the IMRP at the RGH, as well as program-wide leadership regarding the formal academic program of the IMRP.

Dr. Ugarte-Torres is an Infectious Diseases Specialist in the Department of Medicine. She is part of the CSM UME EDI Committee, as well as a member of the Antiracism working group and AHS Course content working group on race-microaggressions educational module. Dr. Ugarte-Torres is also a Connect Care Superuser and a member of both the Infectious Diseases Wellness and IMRP Competence committees. Dr. Ugarte-Torres has previously been UME & PGME preceptor, as well as an IMRP Academic Advisor, CSM Career exploration advisor and Thesis committee member.

In her spare time she enjoys board games, knitting, crocheting and spending quality time with family and friends. Please join us in welcoming Dr. Alejandra Ugarte-Torres into her new leadership role. We would like to thank Dr. Stacey Hall for her contributions to the IMRP, as the previous APD at RGH.



# AWARDS AND ACCOMPLISHMENTS

Join us in congratulating the following members for their achievements over the past few months



## TRIANGLE CANADA EARLY CAREER RESEARCHER/TRIANGLE SECURE AWARD

Congratulations to Dr. Yasmin Nasser on acceptance to the TRIANGLE Canada program as an early career researcher from the Canadian Association for Gastro/CIHR/CCC. Dr. Nasser has been awarded the TRIANGLE SECURE award, which provides holistic support along with funding for professional and career development and to support trainees.



## CAME MERIT AWARD

Congratulations to Dr. Rahim Kachra on receiving the CAME MERIT award in recognition of contributions to medical education in CSM. Dr. Kachra is the Director of Teaching Innovations at the University of Calgary. He is a prominent educator, innovator, role model, and leader whose positive influence spans all levels of medical training within and beyond the Cumming School of Medicine.



## O'BRIEN INSTITUTE RESEARCH EXCELLENCE AWARD

Congratulations Dr. Irene Ma on being the recipient of the O'Brien Institute Research Excellence Award. This award is presented to an individual who has made outstanding contributions to research. [Find out more details here](#)

## THE AMERICAN COLLEGE OF PHYSICIANS LAUREATE AWARD

Congratulations Dr. Irene Ma on receiving the American College of Physicians Laureate Award. This award is given to Fellows of the College who have demonstrated by their example and conduct an abiding commitment to excellence in medical care, education, or research and in service to their community, their Chapter, and the American College of Physicians.



## O'BRIEN INSTITUTE EMERGING RESEARCH LEADER AWARD

Congratulations Dr. Nauzer Forbes on being the recipient of the O'Brien Institute Emerging Research Leader Award. [Find out more details here](#)



## LYNN MCINTYRE OUTSTANDING SERVICE AWARD

Congratulations Dr. Ronald Sigal on receiving the Lynn McIntyre Outstanding Service Award for his significant contributions of time, expertise, and collegiality to the O'Brien Institute. [Find out more details here](#)



## FELLOWSHIP IN THE INFECTIOUS DISEASES SOCIETY OF AMERICA (ISDA)

Congratulations Dr. Bayan Missaghi on a Fellowship in the Society of Infectious Diseases of America which is in recognition of, and honour conferred upon, those who have achieved professional excellence in the field of infectious diseases.

# AWARDS AND ACCOMPLISHMENTS

Join us in congratulating the following members for their achievements over the past few months



## **CROHN'S & COLITIS CANADA WOMEN IN IBD EMERGING RESEARCH AWARD**

Congratulations to Dr. Cathy Lu on receiving the Crohn's and Colitis Canada Women in IBD Emerging Research Award which acknowledges the basic or clinical research accomplishments of a junior/newly emerging female IBD researcher, within 5 years of their first faculty appointment, who has shown creativity, initiative and commitment to advancing IBD research and quality of patient care in Canada



## **SSHRC INSIGHT DEVELOPMENT GRANT**

Congratulations Dr. Allison Brown on SSHRC Insight Discover Grant for Institutional ethnography of curriculum reform efforts in undergraduate medical education.



## **RUNNER-UP MEDICAL POST AWARDS INNOVATIVE PRACTICE**

Congratulations Dr. Sam Lee on being the runner-up for the First Annual Medical Post Awards for Innovative Practice. This award highlights physicians who are finding new ways to enhance patient care. Dr. Lee was recognized for "ECHO hepatitis C Telehealth work in Indigenous Communities".

### **UME PRE-CLERKSHIP AWARDS**

Dr. Adam Bass - Course 4  
Dr. Aleem Bharwani - Population Health  
Dr. Chris Brown - Course 1  
Dr. Chris Ma - Course 1  
Dr. Christina Moran-Toro - Course 2  
Dr. Dierdre Jenkins - Course 1  
Dr. Edwin Cheng - Course 1  
Dr. Elena Qirjazi - Course 4  
Dr. Emily Kwan - Communications  
Dr. Erika Dempsey - Course 5  
Dr. Hanan Bassyouni - Course 4  
Dr. Jacques Rizkallah - Course 3  
Dr. Jori Hardin - Course 2  
Dr. Kareem Jamani - Course 1  
Dr. Kelly Burack - Course 1  
Dr. Kevin Mclaughlin - Course 4  
Dr. Laura Hinz - Course 4  
Dr. Lori Parsons - Course 2  
Dr. Mannat Dhillon - Integrative Course  
Dr. Paula Pearce - Medical Skills  
Dr. Shelly Bhayana - Course 4  
Dr. Tara Lohman Course 3

### **UME CLERKSHIP AWARDS**

Dr. Anshula Ambasta - Honour Roll  
Dr. Michael Bosch - Gold Star  
Dr. John Fralick - Gold Star  
Dr. Ryan Iwasiw - Gold Star  
Dr. Parabhdeep Lail - Honour Roll  
Dr. Paul Leblanc - Honour Roll  
Dr. John Walsh - Gold Star  
Dr. Lara Cooke - Honour Roll  
Dr. Daniel Heng - Honour Roll  
Dr. Kelly Zarnke - Honour Roll

# AWARDS DINNER RECAP

Join us in congratulating the following members for their achievements over the past few months

We were lucky enough to be able to host our awards evening in person this year at the Hyatt in November. A huge congratulations to all award winners for 2022.

## IM CLERKSHIP AWARDS

- Dr. Pin Li - Unsung Hero
- Dr. Susan Kinnear - Unsung Hero

## SITE SPECIFIC CLINICAL EXCELLENCE AWARD

- Dr. Hanan Bassyouni - Dr. Howard McEwen Clinical Excellence Award (PLC)
- Dr. Michelle Geddes - Dr. John Dawson Clinical Excellence Award (FMC)
- Dr. Joseph Kim - Dr. Terry Groves Clinical Excellence Award (RGH)
- Dr. Alejandra Boscan - South Health Campus Clinical Excellence Award
- Dr. Martin Cole - Dr. Tom Enta Clinical Excellence Award Community
- Dr. Laurie Parsons - Dr. Martin Atkinson Clinical Excellence Award (RRDTC)

## SPECIAL DEPARTMENT AWARDS

- Dr. Kristin Fraser - Dr. Brenda Hemmelgarn Professionalism Award
- Dr. Sofia Ahmed - Dr. John M. Conly Innovation Award
- Dr. Kristen Brown - Quality Improvement and Patient Safety Award
- Dr. Christina Moran Toro & Dr. Alejandra Ugarte-Torres - Equity, Diversity and Inclusion Award
- Dr. Meghan Vlasschaert - Early Career Clinical Excellence Award
- Endo Wellness Committee Dr. Shelly Bhayana, Dr. Laura Hinz, Dr. Amita Mahajan, Dr. Nathalie Saad - Dr. Jane Lemaire Physician Wellness Award

## IMRP FACULTY AWARDS

- Dr. Ghazwan Altabbaa - Golden Bull Award
- Dr. Paul LeBlanc - Silver Finger Award
- Dr. Jolene Haws - Silver Tongue Award
- Dr. Barbora Sporinova - Rookie of the Year Award
- Dr. Philippe Couillard - Ectopic Award Award
- Dr. Maria Bacchus - Repeat Offender Award
- Dr. Abdel Aziz Shaheen - Research Preceptor Award
- Dr. Amber Fripp - Work-Life Balance Award
- Dr. Cheryl Borody (MTU Pharmacist FMC) - Allied Health Award
- Dr. Alison MacKay - Rural Teaching Excellence Award

## IMRP AWARDS - RESIDENT CLERKSHIP

- Dr. Emily Goudie - Benevolent Heart Award
- Dr. Daniel Meyers - Resident Research Award
- Dr. Kaity Lalonde - Resident Professionalism Award
- Dr. Lenka Stafl - Resident Medical Education Award
- Dr. Brenna McSweeny - Resident Wellness Award
- Dr. Leigha Rowbottom & Dr. Angela Schneider - Resident Leadership Award



# AWARDS DINNER RECAP

Join us in congratulating the following members for their achievements





## CONNECT CARE UPDATES

**Connect Care launched at FMC and RRDTC on Nov 6, 2022.** We want to express our heartfelt gratitude to everyone who helped with the successful launch. In particular, the Area Trainers, Super Users, the residents and staff at the launch sites, the other sites that saw increased volumes due to the EMS diversion and the administrative staff and leadership in the DoM. This launch was very large in size and went very well. As with the last launch, lessons learned will inform the approach to our Launch 6.

**Launch 6 (including RGH, SHC, Bridgeland and the lab) will take place on May 6, 2023.** For more information visit [Connect Care Bytes Blog](#) and [Connect Care Tips](#). Information on optimization post-launch can be found here: [Connect Care Manual - Optimization Training](#). You may also reach out to the Department of Medicine Medical Informatics Leads, Karmon Helmle and Caley Shukalek, or to Chandra Thomas, the Connect Care Physician Implementation Lead for the Calgary Zone.

## DEPARTMENT OF MEDICINE - PHYSICIAN WELLNESS INITIATIVES

### FOCUSING ON RECOVERY: USING NARRATIVE AS AN EXPERIENTIAL TOOL TO REFLECT ON THE PANDEMIC

Please join us for this **Well Doc Alberta session (Zoom)** open to staff physicians in Alberta. **Narrative-based medicine** is a tool to share experiences and express emotion. This is a 3-session series (1.5 hrs per session). During this interactive session, the key concepts in narrative-based medicine will be introduced, and participants will be invited to experience writing prose, poetry, and graphic medicine. For further information, please visit <https://www.welldocalberta.org/narrative-workshop-series>

### TRANSITION TO PRACTICE (T2P) FOR NEW FACULTY

In collaboration with Well Doc Alberta, the DoM hosted three **T2P sessions** last year of these commensality group evening supper meetings focusing on topics of Inpatient Clinical Care, Outpatient Clinical Care, and Research. This year, we are hosting two sessions. On **Wed Feb 1, 6-8:30 pm**, (Zoom), **Minding your Money: The Relationship Between Finances and Physician Wellness** – Moderators Dr. Jane Lemaire and Dr. Timothy Chan U of A (Zoom). Later this year, (date TBD), **Imposter Phenomenon** – and hoping for an in-person event! New faculty within the first three years of practice will be invited – keep an eye on your email for this invitation.

### DOM PEER SUPPORT TEAM

We welcome Dr. Elaine Dumoulin who was recently trained as a peer supporter and has been added to the contact list. And we extend a heart-felt thank you to all the members of the DoM Peer Support team who are available to listen with an empathetic ear and guide us to formal support services as needed. It's been another tough year for everyone.

*Jane, Alicia and Shannon - DOM Physician Wellness and WellDoc Alberta*



## DELIBERATE PRACTICE & TECHNICAL SKILLS ACQUISITION WORKSHOP

By the end of this workshop, participants will demonstrate successful achievement of the following:

- Describe the evolution of skills acquisition and training
- Describe models of skills training

**Novices:** Peyton model (factoring Cognitive Load Theory)

**Experts:** deliberate practice

**Scheduled Facilitators:** Dr. Syl Coderre

**Date:** Tue, 10 January 2023,

**Time:** 12:00 PM – 1:15 PM MST

**Sign up here:** <https://www.eventbrite.ca/e/deliberate-practice-and-technical-skills-acquisition-tickets-392012779777>

## OADR GRANT DEVELOPMENT OFFICE

Current opportunities, timelines and application information

## CIHR PROJECT GRANT - SPRING 2023 COMPETITION

### Competition Details and Deadlines

The Canadian Institutes of Health Research (CIHR) Project Grant program is designed to capture ideas with the greatest potential for advances in fundamental or applied health-related knowledge, health care, health systems, and/or health outcomes by supporting projects of research proposed and conducted by individual researchers or groups of researchers in all areas of health. The best ideas may stem from new, incremental, innovative, and/or high-risk lines of inquiry or knowledge translation approaches.

Registration for the Spring 2023 CIHR Project Grant competition (via ResearchNet) opens on January 11th, 2023.

### Competition Deadlines:

- **CIHR Registration deadline:** Wednesday, February 8, 2023 - 6:00 p.m.
- **RSO Internal Deadline for Full Applications:** Monday, March 6, 2023 - 9:00 a.m.

If you have any questions about the CIHR Spring 2023 Project Grant competition please contact: Brandi Povitz ([brandi.povitz@ucalgary.ca](mailto:brandi.povitz@ucalgary.ca))

### Grant Development Resources

There are a number of resources available on the faculty Internal Peer Review (IPR) site to help you develop your application:

- Internal peer review planners to help you plan and prepare for effective internal peer review
- A library of successful applications
- A list of review committee mandates and individuals who have recently reviewed for each committee

- Past OADR Grant development webinars and slides, including our Black Box of CIHR Peer Review Committees series
- A budget calculator (updated for 2023) and other budgeting resources to help you create your budget
- An updated Guide for Registering and a Guide for Applying (will be available once CIHR officially launches the Spring 2023 competition)

## Information and Grant Development Sessions

### 1. CIHR Project Grant Spring 2023 - Faculty Information Sessions

The Grant Development team will be holding 2 information sessions to help applicants (and teams) prepare for the spring competition. Please encourage any staff or trainees that will be assisting with your application to attend. Both sessions will include tips for completing and submitting your Project Grant application.

Session 1 will be virtual. It will cover both the registration and application requirements. Session 2 will be held in person. It will cover only the application stage and will dedicate more time to Q&A.

#### Session 1

Tuesday, January 17, 2023

1:00 - 2:30 p.m.

Zoom

[Register now](#)

#### Session 2

Wednesday, February 15, 2023

10:00 - 11:30 a.m.

HSC 1405B

[Register now](#)

### 2. Planning the Best Response to an Unsuccessful Grant

Wednesday, January 25, 2023

2:00 - 3:00 p.m.

HSC G500

[Register now](#)

You put your heart, soul and precious time into your last grant application but weren't funded. What do you do now? Dr. Savraj Grewal, Associate Dean, Research Grants, and Brandi Povitz, Research Grants Development Officer, will discuss the various pathways you can take to get your project funded, the resources available to help you improve your next application and how to craft an effective response to reviewers. Dr. Jennifer Corcoran, Associate Professor in the Department of Microbiology, Immunology and Infectious Diseases, will share how she recently turned an unsuccessful CIHR Project Grant around. While this session will focus on resubmissions to the CIHR Project Grant competition, the strategies that will be discussed can be applied to other grants as well.

## CIHR PLANNING AND DISSEMINATION GRANTS - ICS (WINTER 2023)

The Planning and Dissemination Grants are intended to provide support for planning and/or dissemination activities (either virtual or in-person) consistent with the mandate of CIHR and relevant to CIHR Institutes and Initiatives.

Note: This funding opportunity is not intended to support the direct cost of research (e.g., pilot projects, feasibility studies or operating grants), principal and co-investigator salaries or research equipment. Primary research or primary data collection will not be supported through this funding opportunity. Any activity that may be perceived as such should be justified (e.g., surveying individuals for the purpose of the project).

**RSO Internal Deadline:** February 15, 2023 - noon

[Link for more details](#)

## **KRESCENT NEW INVESTIGATOR AWARD**

The KRESCENT program New Investigator Award is awarded to individuals who have clearly demonstrated excellence during their pre-doctoral and post-doctoral training in kidney disease. The Award provides salary support for up to three years of the faculty appointment at the rank of Assistant Professor or its equivalent at a Canadian University. Consult your Faculty on this Salary award, as their eligibility requirements for supporting your application may differ from a standard research grant.

**RSO internal deadline: January 16, 2023 - noon**

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## **TEAM GRANT: CIHR-JDRF TYPE 1 DIABETES SCREENING RESEARCH CONSORTIUM**

The goal of the CIHR-JDRF Type 1 Diabetes Screening Research Consortium is to develop a single nationally coordinated research Consortium to explore key research questions pertaining to the feasibility and acceptability of a general population T1D screening program in Canada, building on experiences from other countries.

The Consortium will bring together experts from different disciplines with stakeholder organizations and people affected by T1D including, but not limited to, pediatric clinical endocrinology, T1D research, general population screening, health economics, health policy, representatives from First Nations, Inuit and Métis communities and health authorities/organizations, primary care provider associations, and people with lived experience (PWLE; i.e., people at risk of or with T1D, and their families and informal caregivers, or a patient organization representing these groups).

**CIHR Registration Deadline (via ResearchNet): February 15, 2023 - 6:00 p.m.**

**RSO Internal Deadline for the Full Application: March 9, 2023 - noon**

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## **CIHR TEAM GRANT: INTERVENTION TRIAL IN INFLAMMATION FOR CHRONIC CONDITIONS 2023**

The overall vision of this funding opportunity is to improve the health outcomes of people living with, or at risk of developing, chronic conditions by advancing the repurposing, development, and optimization of innovative interventions. Interventions are to target biological (e.g., genetic, epigenetic), environmental (e.g., exposure to chemical products, air pollution), social (e.g., socioeconomic status, education) and behavioral (e.g., tobacco or cannabis smoking, vaping, diet) triggers of shared pathways of inflammation across two or more chronic conditions. This funding opportunity is composed of two main types of grants: Research Team Grants and Knowledge Mobilization Hub (KM Hub)

**RSO Internal Deadline for the LOI: February 27, 2023 - noon**

**RSO Internal Deadline for the Full Application: March 1, 2024 - noon**



## CIHR CAFÉ SCIENTIFIQUE PROGRAM

Through this Café Scientifique funding opportunity, CIHR will provide funding for events, known as Cafés, that enable knowledge-sharing and open, respectful dialogues between the general public and health researchers on health-related issues of public interest.

Members of the public can engage with health researchers on their health research–related questions, learn about the research evidence, and contribute their views on future research directions. Health researchers can engage with the public on their work, communicate their research results, and gain a better understanding of what’s important to Canadians. Knowledge users, Indigenous Knowledge Keepers, community partners, patients, and Person(s) With Lived/Living Experience (PWLLE) will have the opportunity to share their experiences participating in health research and using health research evidence.

**RSO Internal Deadline:** March 10, 2023 - noon

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## CIHR INTENSIVE GRANT WRITING MASTERCLASS

The CIHR-IMHA Intensive Grant Writing Masterclass is designed to enhance the grant writing skills of early-career researchers whose work demonstrates relevance to the broad CIHR IMHA mandate. It is a series of six writing workshops delivered by Dr. Lorelei Lingard taking place over the course of Spring 2023 (in English only, although spots are reserved for Francophones). These workshops will support research leaders by developing writing skills, fostering writer identity, and strengthening the writing community.

Up to ten (10) spots to attend this event will be covered by IMHA. The selection process will be governed on the applicant’s proficiency in writing as determined by a writing sample and Equity, Diversity and Inclusion (EDI) principles. Two of the ten spots will be reserved for francophone applicants who write grants and/or publish at least in part in English. Applicants chosen to attend the workshops will also be required to attend three additional 30-minute one-on-one coaching sessions with the workshop facilitator. Learn more.

Important dates:

- **Application Deadline:** January 15, 2023 (11:59 PM, EST)
- **Anticipated Notice of Decision:** January 31, 2023

Interested applicants can contact [Brandi Povitz](#) in the OADR Grant Development Office to explore opportunities to share the lessons from this writing course within the Cumming School of Medicine (you will be asked about this as part of your application). Please contact [imha-iala@cihr-irsc.gc.ca](mailto:imha-iala@cihr-irsc.gc.ca) for all other inquiries